



Heart of Midlothian ASC
Competition / Events Calendar 2025-2026
Updated 22nd August 2025



2025/2026

03 30 th /31 st	Squad Information Meetings, RCP (26 th /27 th) Dunedin Challenge Meet, Bathgate (30 th) TaSK Development Challenge Stage 1, Drumbrae (31 st)	F2/NAT F2/F1/T4 T4/T3/T2/T1
September		
04 06 th /07 th	Dunoon Training Weekend, Dunoon (05 th -07 th) Scottish Masters Short Course Champs, Glenrothes (06 th /07 th)	F2/F1 MASTERS
05 13 th /14 th	Scottish Swimming Youth Academy Day 1 (13 th) Scottish Swimming Junior Academy Day 1 (14 th)	SELECTED SELECTED
05 20 th /21 st	Hearts Club Championships, Drumbrae (16 th /19 th /21 st)	ALL
06 27 th /28 th	Hearts Club Championships, Drumbrae (23 rd /26 th /28 th) East District September Kick Start Meet, Glenrothes (27 th /28 th) Scottish Swimming National Junior Team Weekend 1 (27 th /28 th)	ALL NAT/F2/F1/T4 SELECTED
October		
07 04 th /05 th	Hearts Premier Age Group Meet, Glenrothes (04 th)	NAT/F2/F1/T4
08 11 th /12 th		
09 18 th /19 th		
10 25 th /26 th	Scottish Swimming Youth Academy Day 2 (25 th) Warrender Junior Age Group Meet (12/over), Glenrothes (25 th) Warrender Junior Age Group Meet (12/under), Glenrothes (26 th) Scottish Swimming Junior Academy Day 2 (26 th)	SELECTED NAT/F2/F1/T4 F1/T4/T3 SELECTED
November		
11 01 st /02 nd		
12 08 th /09 th	Lothian Region Graded Meet, Prestonpans (08 th) Scottish Swimming National Junior Team Weekend 2 (08 th /09 th)	F2/F1/T4/T3 SELECTED
13 15 th /16 th	East District Open, Glenrothes (15 th /16 th)	NAT/F2/F1
14 22 nd /23 rd	Hearts Celebration Night, Royal High RC (21 st) Edinburgh & Midlothian Schools (Seniors), SMC Sports Centre (22 nd) Edinburgh & Midlothian Schools (Juniors), SMC Sports Centre (23 rd)	ALL
15 29 th /30 th	Hearts Annual General Meeting, RCP (26 th) East District Masters Open, Prestonpans (29 th) Scottish Swimming Youth Academy Day 3 (29 th) Scottish Swimming Junior Academy Day 3 (30 th)	ALL MASTERS SELECTED SELECTED

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
December		
16 06 th /07 th	Tranent Christmas Gala, Prestonpans (06 th)	F2/F1/T4/T3
	TaSK Development Challenge Stage 2, Drumbrae (07 th)	T4/T3/T2/T1
17 13 th /14 th	Scottish National Short Course Champs, RCP (12 th -14 th)	QUALIFIERS
18 20 th /21 st	Scottish National Leagues Final, Glenrothes (20 th)	
	Hearts Christmas Challenge, Drumbrae (21 st)	ALL
19 27 th /28 th		
2026		
January		
20 03 rd /04 th		
21 10 th /11 th	Hearts Ceilidh, Assembly Roxy (09 th)	ALL
	Scottish Swimming Youth Academy Day 4 (10 th)	SELECTED
22 17 th /18 th	East District Age Group Champs Round 1, Glenrothes (17 th /18 th)	NAT/F2/F1/T4
23 24 th /25 th	Lothian Region Junior Graded Meet, Prestonpans (24 th)	F1/T4/T3/T2
February		
24 31 st /01 st	East District Age Group Champs Round 2, RCP (31 st /01 st)	NAT/F2/F1/T4
25 07 th /08 th		
26 14 th /15 th	Overseas Training Camp, Lanzarote (12 th -19 th)	NAT/F2
27 21 st /22 nd	Overseas Training Camp, Lanzarote (12 th -19 th)	NAT/F2
March		
28 28 th /01 st	Hearts "Fast" Meet, Glenrothes (28 th /01 st)	NAT/F2/F1/T4
29 07 th /08 th	East District Age Group Champs Round 3, RCP (07 th /08 th)	NAT/F2/F1/T4
30 14 th /15 th	Edinburgh International Swim Meet, RCP (13 th -15 th)	QUALIFIERS
31 21 st /22 nd	Lothian Region Intermediate Leagues Round 1, Prestonpans (21 st)	ALL
32 28 th /29 th	Scottish Masters Long Course Champs, TBC (28 th /29 th)	MASTERS
April		
33 04 th /05 th	Scottish National Age Groups, TBC (04 th -08 th)	QUALIFIERS
34 11 th /12 th	Scottish National Age Groups, TBC (04 th -08 th)	QUALIFIERS
35 18 th /19 th	Aquatics GB Championships, London (14 th -19 th)	QUALIFIERS
36 25 th /26 th		
May		
37 02 nd /03 rd	Lothian Region Intermediate Leagues Round 2, Prestonpans (02 nd)	ALL
	Lothian Region Distance Meet Day 1, Prestonpans (03 rd)	NAT/F2/F1/T4
38 09 th /10 th		
39 16 th /17 th		
40 23 rd /24 th		
41 30 th /31 st	Hearts Novice Meet, Prestonpans (31 st)	T4/T3/T2

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June		
42 06 th /07 th	Lothian Region Intermediate Leagues Round 3, Prestonpans (06 th) Lothian Region Distance Meet Day 2, Prestonpans (07 th)	ALL NAT/F2/F1/T4
43 13 th /14 th		
44 20 th /21 st	East District Summer Sizzler, RCP (20 th) Hearts Summer Challenge, Drumbrae (21 st)	QUALIFIERS ALL
45 27 th /28 th	Scottish National Open Champs, TBC (26 th -28 th)	QUALIFIERS
July		
46 04 th /05 th		
47 11 th /12 th	Scottish Summer Meet, TBC (09 th -12 th)	QUALIFIERS
48 18 th /19 th	Aquatics GB Next Gen Championships, TBC (16 th -22 nd)	QUALIFIERS
49 25 th /26 th	Aquatics GB Next Gen Championships, TBC (16 th -22 nd) <i>Commonwealth Games (Swimming), Glasgow (24th-29th)</i>	QUALIFIERS
August		
50 01 st /02 nd		
51 08 th /09 th		
52 15 th /16 th		

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc