



Heart of Midlothian ASC
Competition / Events Calendar 2024-2025
Updated 3rd April 2025



April

34 05 th /06 th	Scottish National Age Groups, Aberdeen (05 th -09 th)	QUALIFIERS
35 12 th /13 th	Scottish National Age Groups, Aberdeen (05 th -09 th)	QUALIFIERS
36 19 th /20 th	Aquatics GB Championships, London (15 th -20 th)	QUALIFIERS
37 26 th /27 th	Tranent Open Graded Meet, Prestonpans (26 th)	F2/F1/T4/T3

May

38 03 rd /04 th	Lothian Region Intermediate Leagues Round 2, Prestonpans (03 rd)	ALL
	Lothian Region Distance Meet Day 1, Prestonpans (04 th)	NAT/F2/F1/T4
	TaSK Development Time Trial, Drumbrae (04 th)	T4/T3/T2/T1
39 10 th /11 th	Long Course Accredited Time Trial, RCP (11 th)	NAT/F2/F1
40 17 th /18 th	Carnegie Spring Meet, Glenrothes (17 th /18 th)	F2/F1/T4/T3

41 24th/25th

June

42 31 st /01 st	Warrender EoS Meet, Glenrothes (31 st /01 st)	NAT/F2/F1/T4
	Hearts Novice Meet, Prestonpans (01 st)	T4/T3/T2/T1
43 07 th /08 th	Lothian Region Intermediate Leagues Round 3, Prestonpans (07 th)	ALL
	Lothian Region Distance Meet Day 2, Prestonpans (08 th)	NAT/F2/F1/T4
	East District Open Water Championships, Lochore Meadows (08 th)	
44 14 th /15 th	Scottish National Open Water Championships, Castle Semple (14 th /15 th)	
	Trojan Open Time Banded Gala, Whitburn (15 th)	F1/T4/T3/T2
45 21 st /22 nd	East District Summer Sizzler, RCP (21 st)	NAT/F2/F1/T4
	Hearts Summer Challenge, Drumbrae (22 nd)	ALL
46 28 th /29 th	Scottish National Open Championships, RCP (27 th -29 th)	QUALIFIERS

July

47 05 th /06 th		
48 12 th /13 th	Scottish Summer Meet, Aberdeen (10 th -13 th)	QUALIFIERS
49 19 th /20 th	Aquatics GB Next Gen Championships, Sheffield (19 th -25 th)	QUALIFIERS
50 26 th /27 th	Aquatics GB Next Gen Championships, Sheffield (19 th -25 th)	QUALIFIERS

August

51 02 nd /03 rd		
52 09 th /10 th		

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
2025/2026		
01 16 th /17 th		
02 23 rd /24 th		
03 30 th /31 st		
September		
04 06 th /07 th	Dunoon Training Weekend, Dunoon (05 th -07 th)	F2/F1
05 13 th /14 th		
05 20 th /21 st	Hearts Club Championships, Drumbrae (16 th /19 th /20 th /21 st)	ALL
06 27 th /28 th	Hearts Club Championships, Drumbrae (23 rd /26 th) East District September Super Start Meet, tbc (27 th /28 th)	ALL NAT/F2/F1/T4
October		
07 04 th /05 th		
08 11 th /12 th		
09 18 th /19 th		
10 25 th /26 th		
November		
11 01 st /02 nd		
12 08 th /09 th		
13 15 th /16 th	East District Open, Glenrothes (15 th /16 th)	NAT/F2/F1/T4
14 22 nd /23 rd		
15 29 th /30 th		
December		
16 06 th /07 th		
17 13 th /14 th	Scottish National Short Course Champs, RCP (12 th -14 th)	QUALIFIERS
18 20 th /21 st	Scottish National Leagues Final, TBC (20 th) Hearts Christmas Challenge, Drumbrae (21 st)	ALL
19 27 th /28 th		
2026		
January		
20 03 rd /04 th		
21 10 th /11 th		
22 17 th /18 th	East District Age Group Champs Round 1, Glenrothes (17 th /18 th)	NAT/F2/F1/T4
23 24 th /25 th		
February		
24 31 st /01 st	East District Age Group Champs Round 2, RCP (31 st /01 st)	NAT/F2/F1/T4
25 07 th /08 th		
26 14 th /15 th	Overseas Training Camp, Lanzarote (12 th -19 th)	NAT/F2
27 21 st /22 nd	Overseas Training Camp, Lanzarote (12 th -19 th)	NAT/F2

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
March		
28 28 th /01 st		
29 07 th /08 th	East District Age Group Champs Round 3, RCP (07 th /08 th)	NAT/F2/F1/T4
30 14 th /15 th	Edinburgh International Swim Meet, RCP (13 th -15 th)	QUALIFIERS
31 21 st /22 nd		
32 28 th /29 th		
April		
33 04 th /05 th	Scottish National Age Groups, TBC (04 th -08 th)	QUALIFIERS
34 11 th /12 th	Scottish National Age Groups, TBC (04 th -08 th)	QUALIFIERS
35 18 th /19 th	Aquatics GB Championships, London (14 th -19 th)	QUALIFIERS
36 25 th /26 th		
May		
37 02 nd /03 rd		
38 09 th /10 th		
39 16 th /17 th		
40 23 rd /24 th		
41 30 th /31 st		
June		
42 06 th /07 th		
43 13 th /14 th		
44 20 th /21 st	East District Summer Sizzler, RCP (20 th) Hearts Summer Challenge, Drumbrae (21 st)	QUALIFIERS ALL
45 27 th /28 th	Scottish National Open Champs, TBC (26 th -28 th)	QUALIFIERS
July		
46 04 th /05 th		
47 11 th /12 th	Scottish Summer Meet, TBC (09 th -12 th)	QUALIFIERS
48 18 th /19 th	Aquatics GB Next Gen Championships, TBC (16 th -22 nd)	QUALIFIERS
49 25 th /26 th	Aquatics GB Next Gen Championships, TBC (16 th -22 nd) <i>Commonwealth Games (Swimming), Glasgow (24th-29th)</i>	QUALIFIERS
August		
50 01 st /02 nd		
51 08 th /09 th		
52 15 th /16 th		

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc