



Heart of Midlothian ASC
Competition / Events Calendar 2024-2025
Updated 11th March 2025



March

31 15 th /16 th	Edinburgh International Swim Meet, RCP (14 th -16 th)	QUALIFIERS
	Cumbernauld Spring Open Meet, Cumbernauld (15 th /16 th)	NAT/F2/F1
32 22 nd /23 rd	East District Age Groups Round 3, RCP (22 nd /23 rd)	NAT/F2/F1
33 29 th /30 th	Scottish Masters LC Nationals, Aberdeen (29 th /30 th)	MASTERS

April

34 05 th /06 th	Scottish National Age Groups, Aberdeen (05 th -09 th)	QUALIFIERS
35 12 th /13 th	Scottish National Age Groups, Aberdeen (05 th -09 th)	QUALIFIERS
36 19 th /20 th	Aquatics GB Championships, London (15 th -20 th)	QUALIFIERS
37 26 th /27 th	Tranent Open Graded Meet, Prestonpans (26 th)	F2/F1/T4/T3

May

38 03 rd /04 th	Lothian Region Intermediate Leagues Round 2, Prestonpans (03 rd)	ALL
	Lothian Region Distance Meet Day 1, Prestonpans (04 th)	NAT/F2/F1/T4
	TaSK Development Time Trial, Drumbrae (04 th)	T4/T3/T2/T1
39 10 th /11 th	Long Course Accredited Time Trial, RCP (11th)	NAT/F2/F1
40 17 th /18 th	Carnegie Spring Meet, Glenrothes (17 th /18 th)	F2/F1/T4/T3
41 24 th /25 th		

June

42 31 st /01 st	Warrender EoS Meet, Glenrothes (31 st /01 st)	NAT/F2/F1/T4
	Hearts Novice Meet, Prestonpans (01 st)	T4/T3/T2/T1
43 07 th /08 th	Lothian Region Intermediate Leagues Round 3, Prestonpans (07 th)	ALL
	Lothian Region Distance Meet Day 2, Prestonpans (08 th)	NAT/F2/F1/T4
	East District Open Water Championships, Lochore Meadows (08 th)	
44 14 th /15 th	Scottish National Open Water Championships, Castle Semple (14 th /15 th)	
	Trojan Open Time Banded Gala, Whitburn (15 th)	F1/T4/T3/T2
45 21 st /22 nd	East District Summer Sizzler, RCP (21 st)	NAT/F2/F1/T4
	Hearts Summer Challenge, Drumbrae (22 nd)	ALL
46 28 th /29 th	Scottish National Open Championships, RCP (27 th -29 th)	QUALIFIERS

July

47 05 th /06 th		
48 12 th /13 th	Scottish Summer Meet, Aberdeen (10 th -13 th)	QUALIFIERS
49 19 th /20 th	Aquatics GB Next Gen Championships, Sheffield (19 th -25 th)	QUALIFIERS
50 26 th /27 th	Aquatics GB Next Gen Championships, Sheffield (19 th -25 th)	QUALIFIERS

Training Wk #
Wk Ending

Competitions / Events

Squads

August

51 02nd/03rd

52 09th/10th

2025/2026

01 16th/17th

02 23rd/24th

03 30th/31st

East District Chilli Challenge Meet, tbc (30th/31st)

NAT/F2/F1/T4

September

04 06th/07th

Dunoon Training Weekend, Dunoon (05th-07th)

F2/F1

05 13th/14th

05 20th/21st

Hearts Club Championships, Drumbrae (16th/19th/20th/21st)

ALL

06 27th/28th

Hearts Club Championships, Drumbrae (23rd/26th)

ALL

East District Short Course Time Trials, tbc (27th/28th)

NAT/F2/F1/T4

October

07 04th/05th

08 11th/12th

09 18th/19th

10 25th/26th

November

11 01st/02nd

12 08th/09th

13 15th/16th

14 22nd/23rd

15 29th/30th

December

16 06th/07th

17 13th/14th

Scottish National Short Course Champs, RCP (12th-14th)

QUALIFIERS

18 20th/21st

Scottish National Leagues Final, TBC (20th)

Hearts Christmas Challenge, Drumbrae (21st)

ALL

19 27th/28th

2026

January

20 03rd/04th

21 10th/11th

22 17th/18th

23 24th/25th

February

24 31st/01st

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
25 07 th /08 th		
26 14 th /15 th	Overseas Training Camp, Lanzarote (12 th -19 th)	NAT/F2
27 21 st /22 nd	Overseas Training Camp, Lanzarote (12 th -19 th)	NAT/F2
March		
28 28 th /01 st		
29 07 th /08 th		
30 14 th /15 th		
31 21 st /22 nd		
32 28 th /29 th		
April		
33 04 th /05 th	Scottish National Age Groups, TBC (04 th -08 th)	QUALIFIERS
34 11 th /12 th	Scottish National Age Groups, TBC (04 th -08 th)	QUALIFIERS
35 18 th /19 th	Aquatics GB Championships, London (14 th -19 th)	QUALIFIERS
36 25 th /26 th		
May		
37 02 nd /03 rd		
38 09 th /10 th		
39 16 th /17 th		
40 23 rd /24 th		
41 30 th /31 st		
June		
42 06 th /07 th		
43 13 th /14 th		
44 20 th /21 st		
45 27 th /28 th		
July		
46 04 th /05 th		
47 11 th /12 th		
48 18 th /19 th	Aquatics GB Next Gen Championships, TBC (16 th -22 nd)	QUALIFIERS
49 25 th /26 th	Aquatics GB Next Gen Championships, TBC (16 th -22 nd) <i>Commonwealth Games (Swimming), Glasgow (24th-29th)</i>	QUALIFIERS
August		
50 01 st /02 nd		
51 08 th /09 th		
52 15 th /16 th		

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc