



**Heart of Midlothian ASC**  
**Competition / Events Calendar 2024-2025**  
**Updated 19<sup>th</sup> December 2024**



**December**

19 21<sup>st</sup>/22<sup>nd</sup> Hearts Christmas Challenge, Drumbrae (22<sup>nd</sup>) ALL  
20 28<sup>th</sup>/29<sup>th</sup>

**2025**

**January**

21 04<sup>th</sup>/05<sup>th</sup>  
22 11<sup>th</sup>/12<sup>th</sup> Hearts 140<sup>th</sup> Anniversary Ceilidh, Roxy Assembly (10<sup>th</sup>)  
SWL New Year Meet, Bathgate (11<sup>th</sup>/12<sup>th</sup>) NAT/F2/F1/T4  
23 18<sup>th</sup>/19<sup>th</sup> Lothian Region Junior Graded Meet, Prestonpans (18<sup>th</sup>) F2/F1/T4/T3/T2  
24 25<sup>th</sup>/26<sup>th</sup> Scottish Schools Championships Finals Day, Aberdeen (24<sup>th</sup>) QUALIFIERS  
ELST Age Group Meet, Prestonpans (25<sup>th</sup>/26<sup>th</sup>) NAT/F2/F1/T4

**February**

25 01<sup>st</sup>/02<sup>nd</sup> East District Age Groups Round 2, RCP (01<sup>st</sup>/02<sup>nd</sup>) NAT/F2/F1  
TaSK Development Time Trial, Drumbrae (02<sup>nd</sup>) T4/T3/T2/T1  
26 08<sup>th</sup>/09<sup>th</sup> Overseas Training Camp, Lanzarote (08<sup>th</sup>-15<sup>th</sup>) NAT/F2/F1  
27 15<sup>th</sup>/16<sup>th</sup> Overseas Training Camp, Lanzarote (08<sup>th</sup>-15<sup>th</sup>) NAT/F2/F1  
28 22<sup>nd</sup>/23<sup>rd</sup> Hearts Fast in February Meet, Bathgate (22<sup>nd</sup>) NAT/F2/F1/T4

**March**

29 01<sup>st</sup>/02<sup>nd</sup> East District Age Groups Round 1 re-run, Glenrothes (01<sup>st</sup>/02<sup>nd</sup>) NAT/F2/F1  
30 08<sup>th</sup>/09<sup>th</sup> Lothian Region Intermediate Leagues Round 1, Prestonpans (08<sup>th</sup>) ALL  
Carnegie Mini Meet, Glenrothes (09<sup>th</sup>) F1/T4/T3/T2  
31 15<sup>th</sup>/16<sup>th</sup> Edinburgh International Swim Meet, RCP (14<sup>th</sup>-16<sup>th</sup>) QUALIFIERS  
32 22<sup>nd</sup>/23<sup>rd</sup> East District Age Groups Round 3, RCP (22<sup>nd</sup>/23<sup>rd</sup>) NAT/F2/F1  
33 29<sup>th</sup>/30<sup>th</sup> Scottish Masters LC Nationals, Aberdeen (29<sup>th</sup>/30<sup>th</sup>) MASTERS

**April**

34 05<sup>th</sup>/06<sup>th</sup> Scottish National Age Groups, Aberdeen (05<sup>th</sup>-09<sup>th</sup>) QUALIFIERS  
35 12<sup>th</sup>/13<sup>th</sup> British Championships, London (15<sup>th</sup>-20<sup>th</sup>) QUALIFIERS  
36 19<sup>th</sup>/20<sup>th</sup>  
37 26<sup>th</sup>/27<sup>th</sup> Tranent Open Graded Meet, Prestonpans (26<sup>th</sup>) F2/F1/T4/T3

**May**

38 03<sup>rd</sup>/04<sup>th</sup> Lothian Region Intermediate Leagues Round 2, Prestonpans (03<sup>rd</sup>) ALL  
Lothian Region Distance Meet Day 1, Prestonpans (04<sup>th</sup>)  
39 10<sup>th</sup>/11<sup>th</sup>

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
40 17 <sup>th</sup> /18 <sup>th</sup>	Carnegie Spring Meet, Glenrothes (17 <sup>th</sup> /18 <sup>th</sup> )	F2/F1/T4/T3
41 24 <sup>th</sup> /25 <sup>th</sup>		
<b>June</b>		
42 31 <sup>st</sup> /01 <sup>st</sup>	Hearts Novice Meet, Prestonpans (01 <sup>st</sup> )	T4/T3/T2/T1
43 07 <sup>th</sup> /08 <sup>th</sup>	Lothian Region Intermediate Leagues Round 3, Prestonpans (07 <sup>th</sup> ) Lothian Region Distance Meet Day 2, Prestonpans (08 <sup>th</sup> )	ALL
44 14 <sup>th</sup> /15 <sup>th</sup>	Warrender EoS Showdown, Glenrothes (14 <sup>th</sup> /15 <sup>th</sup> )	
45 21 <sup>st</sup> /22 <sup>nd</sup>	East District Summer Sizzler, RCP (21 <sup>st</sup> ) Hearts Summer Challenge, Drumbrae (22 <sup>nd</sup> )	ALL
46 28 <sup>th</sup> /29 <sup>th</sup>	Scottish National Open Championships, RCP (27 <sup>th</sup> -29 <sup>th</sup> )	QUALIFIERS
<b>July</b>		
47 05 <sup>th</sup> /06 <sup>th</sup>		
48 12 <sup>th</sup> /13 <sup>th</sup>	Scottish Summer Meet, Aberdeen (10 <sup>th</sup> -13 <sup>th</sup> )	QUALIFIERS
49 19 <sup>th</sup> /20 <sup>th</sup>	British Summer Championships, Sheffield (19 <sup>th</sup> -25 <sup>th</sup> )	QUALIFIERS
50 26 <sup>th</sup> /27 <sup>th</sup>	British Summer Championships, Sheffield (19 <sup>th</sup> -25 <sup>th</sup> )	QUALIFIERS
<b>August</b>		
51 02 <sup>nd</sup> /03 <sup>rd</sup>		
52 09 <sup>th</sup> /10 <sup>th</sup>		
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<b>2025/2026</b>		
01 16 <sup>th</sup> /17 <sup>th</sup>		
02 23 <sup>rd</sup> /24 <sup>th</sup>		
03 30 <sup>th</sup> /31 <sup>st</sup>	East District Chilli Challenge Meet, tbc (30 <sup>th</sup> /31 <sup>st</sup> )	NAT/F2/F1/T4
<b>September</b>		
04 06 <sup>th</sup> /07 <sup>th</sup>	Dunoon Training Weekend, Dunoon (05 <sup>th</sup> -07 <sup>th</sup> )	F2/F1
05 13 <sup>th</sup> /14 <sup>th</sup>		
05 20 <sup>th</sup> /21 <sup>st</sup>	Hearts Club Championships, Drumbrae (16 <sup>th</sup> /19 <sup>th</sup> /20 <sup>th</sup> /21 <sup>st</sup> )	ALL
06 27 <sup>th</sup> /28 <sup>th</sup>	Hearts Club Championships, Drumbrae (23 <sup>rd</sup> /26 <sup>th</sup> ) East District Short Course Time Trials, tbc (27 <sup>th</sup> /28 <sup>th</sup> )	ALL NAT/F2/F1/T4
<b>October</b>		
07 04 <sup>th</sup> /05 <sup>th</sup>		
08 11 <sup>th</sup> /12 <sup>th</sup>		
09 18 <sup>th</sup> /19 <sup>th</sup>		
10 25 <sup>th</sup> /26 <sup>th</sup>		
<b>November</b>		
11 01 <sup>st</sup> /02 <sup>nd</sup>		
12 08 <sup>th</sup> /09 <sup>th</sup>		
13 15 <sup>th</sup> /16 <sup>th</sup>		

**Training Wk #**  
**Wk Ending**

**Competitions / Events**

**Squads**

14 22<sup>nd</sup>/23<sup>rd</sup>

15 29<sup>th</sup>/30<sup>th</sup>

**December**

16 06<sup>th</sup>/07<sup>th</sup>

17 13<sup>th</sup>/14<sup>th</sup>

18 20<sup>th</sup>/21<sup>st</sup>

19 27<sup>th</sup>/28<sup>th</sup>

**2026**

**January**

20 03<sup>rd</sup>/04<sup>th</sup>

21 10<sup>th</sup>/11<sup>th</sup>

22 17<sup>th</sup>/18<sup>th</sup>

23 24<sup>th</sup>/25<sup>th</sup>

Red Type = To Be Decided / Confirmed    *Italics = For Interest*    Green = Fundraising/Social etc