



Heart of Midlothian ASC
Competition / Events Calendar 2024-2025
Updated 21st January 2025



2025

January

24 25 th /26 th	Scottish Schools Championships Finals Day, Aberdeen (24 th) ELST Age Group Meet, Prestonpans (25 th /26 th)	QUALIFIERS NAT/F2/F1/T4
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February

25 01 st /02 nd	East District Age Groups Round 2, RCP (01 st /02 nd) TaSK Development Time Trial, Drumbrae (02 nd)	NAT/F2/F1 T4/T3/T2/T1
26 08 th /09 th	Overseas Training Camp, Lanzarote (08 th -15 th)	NAT/F2/F1
27 15 th /16 th	Overseas Training Camp, Lanzarote (08 th -15 th)	NAT/F2/F1
28 22 nd /23 rd	Hearts Fast in February Meet, Bathgate (22 nd)	NAT/F2/F1/T4

March

29 01 st /02 nd	East District Age Groups Round 1 re-run, Glenrothes (01 st /02 nd)	NAT/F2/F1
30 08 th /09 th	Lothian Region Intermediate Leagues Round 1, Prestonpans (08 th) Carnegie Mini Meet, Glenrothes (09 th)	ALL F1/T4/T3/T2
31 15 th /16 th	Edinburgh International Swim Meet, RCP (14 th -16 th)	QUALIFIERS
32 22 nd /23 rd	East District Age Groups Round 3, RCP (22 nd /23 rd)	NAT/F2/F1
33 29 th /30 th	Scottish Masters LC Nationals, Aberdeen (29 th /30 th)	MASTERS

April

34 05 th /06 th	Scottish National Age Groups, Aberdeen (05 th -09 th)	QUALIFIERS
35 12 th /13 th	Scottish National Age Groups, Aberdeen (05 th -09 th)	QUALIFIERS
36 19 th /20 th	Aquatics GB Championships, London (15 th -20 th)	QUALIFIERS
37 26 th /27 th	Tranent Open Graded Meet, Prestonpans (26 th)	F2/F1/T4/T3

May

38 03 rd /04 th	Lothian Region Intermediate Leagues Round 2, Prestonpans (03 rd) Lothian Region Distance Meet Day 1, Prestonpans (04 th)	ALL
39 10 th /11 th		
40 17 th /18 th	Carnegie Spring Meet, Glenrothes (17 th /18 th)	F2/F1/T4/T3
41 24 th /25 th		

June

42 31 st /01 st	Warrender EoS Meet, Glenrothes (31 st /01 st) Hearts Novice Meet, Prestonpans (01 st)	NAT/F2/F1/T4 T4/T3/T2/T1
43 07 th /08 th	Lothian Region Intermediate Leagues Round 3, Prestonpans (07 th) Lothian Region Distance Meet Day 2, Prestonpans (08 th) East District Open Water Championships, Lochore Meadows (08 th)	ALL

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
44 14 th /15 th	Scottish National Open Water Championships, Castle Semple (14 th /15 th)	
45 21 st /22 nd	East District Summer Sizzler, RCP (21 st)	
	Hearts Summer Challenge, Drumbrae (22 nd)	ALL
46 28 th /29 th	Scottish National Open Championships, RCP (27 th -29 th)	QUALIFIERS
July		
47 05 th /06 th		
48 12 th /13 th	Scottish Summer Meet, Aberdeen (10 th -13 th)	QUALIFIERS
49 19 th /20 th	Aquatics GB Next Gen Championships, Sheffield (19 th -25 th)	QUALIFIERS
50 26 th /27 th	Aquatics GB Next Gen Championships, Sheffield (19 th -25 th)	QUALIFIERS
August		
51 02 nd /03 rd		
52 09 th /10 th		

2025/2026

01 16 th /17 th		
02 23 rd /24 th		
03 30 th /31 st	East District Chilli Challenge Meet, tbc (30 th /31 st)	NAT/F2/F1/T4
September		
04 06 th /07 th	Dunoon Training Weekend, Dunoon (05 th -07 th)	F2/F1
05 13 th /14 th		
05 20 th /21 st	Hearts Club Championships, Drumbrae (16 th /19 th /20 th /21 st)	ALL
06 27 th /28 th	Hearts Club Championships, Drumbrae (23 rd /26 th)	ALL
	East District Short Course Time Trials, tbc (27 th /28 th)	NAT/F2/F1/T4
October		
07 04 th /05 th		
08 11 th /12 th		
09 18 th /19 th		
10 25 th /26 th		
November		
11 01 st /02 nd		
12 08 th /09 th		
13 15 th /16 th		
14 22 nd /23 rd		
15 29 th /30 th		
December		
16 06 th /07 th		
17 13 th /14 th		
18 20 th /21 st		
19 27 th /28 th		

Training Wk #
Wk Ending

Competitions / Events

Squads

2026

January

20 03rd/04th

21 10th/11th

22 17th/18th

23 24th/25th

February

24 31st/01st

25 07th/08th

26 14th/15th

27 21st/22nd

March

28 28th/01st

29 07th/08th

30 14th/15th

31 21st/22nd

32 28th/29th

April

33 04th/05th

34 11th/12th

35 18th/19th

36 25th/26th

May

37 02nd/03rd

38 09th/10th

39 16th/17th

40 23rd/24th

41 30th/31st

June

42 06th/07th

43 13th/14th

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc