



Heart of Midlothian ASC
Competition / Events Calendar 2024-2025
Updated 27th November 2024



December

16 30 th /01 st	East District SC Masters Meet, Prestonpans (30 th) Bathgate Sprints with Finals, Bathgate (30 th) Tranent Xmas Gala, Prestonpans (01 st)	MASTERS F1/T4/T3/T2 NAT/F2/F1
17 07 th /08 th	Scottish National Short Course Champs, RCP (06 th -08 th)	QUALIFIERS
18 14 th /15 th	Scottish National Leagues Final, Glenrothes (14 th)	
19 21 st /22 nd	Hearts Christmas Challenge, Drumbrae (22 nd)	ALL
20 28 th /29 th		

2025

January

21 04 th /05 th		
22 11 th /12 th	Hearts 140th Anniversary Ceilidh, Roxy Assembly (10th) SWL New Year Meet, Bathgate (11 th /12 th)	NAT/F2/F1/T4
23 18 th /19 th	Lothian Region Junior Graded Meet, Prestonpans (18 th)	F2/F1/T4/T3/T2
24 25 th /26 th	Scottish Schools Championships Finals Day, East Kilbride (24 th) ELST Age Group Meet, Prestonpans (25 th /26 th)	QUALIFIERS NAT/F2/F1/T4

February

25 01 st /02 nd	East District Age Groups Round 2, RCP (01 st /02 nd) TaSK Development Time Trial, Drumbrae (02 nd)	NAT/F2/F1 T4/T3/T2/T1
26 08 th /09 th	Overseas Training Camp, Lanzarote (08 th -15 th)	NAT/F2/F1
27 15 th /16 th	Overseas Training Camp, Lanzarote (08 th -15 th)	NAT/F2/F1
28 22 nd /23 rd	Hearts Fast in February Meet, Bathgate (22 nd)	NAT/F2/F1/T4

March

29 01 st /02 nd	East District Age Groups Round 1 re-run, Glenrothes (01 st /02 nd)	NAT/F2/F1
30 08 th /09 th	Lothian Region Intermediate Leagues Round 1, Prestonpans (08 th)	ALL
31 15 th /16 th	Edinburgh International Swim Meet, RCP (14 th -16 th)	QUALIFIERS
32 22 nd /23 rd	East District Age Groups Round 3, RCP (22 nd /23 rd)	NAT/F2/F1
33 29 th /30 th	Scottish Masters LC Nationals, Aberdeen (29 th /30 th)	MASTERS

April

34 05 th /06 th	Scottish National Age Groups, Aberdeen (05 th -09 th)	QUALIFIERS
35 12 th /13 th	British Championships, London (15 th -20 th)	QUALIFIERS
36 19 th /20 th		
37 26 th /27 th		

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
May		
38 03 rd /04 th	Lothian Region Intermediate Leagues Round 2, Prestonpans (03 rd) Lothian Region Distance Meet, Prestonpans (04 th)	ALL
39 10 th /11 th		
40 17 th /18 th		
41 24 th /25 th		
June		
42 31 st /01 st	Hearts Novice Meet, Prestonpans (01 st)	T4/T3/T2/T1
43 07 th /08 th	Lothian Region Intermediate Leagues Round 3, Prestonpans (07 th) Lothian Region Distance Meet, Prestonpans (08 th)	ALL
44 14 th /15 th	Warrender EoS Showdown, Glenrothes (14 th /15 th)	
45 21 st /22 nd	East District Summer Sizzler, RCP (21 st) Hearts Summer Challenge, Drumbrae (22 nd)	ALL
46 28 th /29 th	Scottish National Open Championships, RCP (27 th -29 th)	QUALIFIERS
July		
47 05 th /06 th		
48 12 th /13 th	Scottish Summer Meet, Aberdeen (10 th -13 th)	QUALIFIERS
49 19 th /20 th	British Summer Championships, Sheffield (19 th -25 th)	QUALIFIERS
50 26 th /27 th	British Summer Championships, Sheffield (19 th -25 th)	QUALIFIERS
August		
51 02 nd /03 rd		
52 09 th /10 th		
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2025/2026		
01 16 th /17 th		
02 23 rd /24 th		
03 30 th /31 st	East District Chilli Challenge Meet, tbc (30th/31st)	NAT/F2/F1/T4
September		
04 06 th /07 th	Dunoon Training Weekend, Dunoon (05 th -07 th)	F2/F1
05 13 th /14 th		
05 20 th /21 st	Hearts Club Championships, Drumbrae (16th/19th/20th/21st)	ALL
06 27 th /28 th	Hearts Club Championships, Drumbrae (23rd/26th) East District Short Course Time Trials, tbc (27th/28th)	ALL NAT/F2/F1/T4
October		
07 04 th /05 th		
08 11 th /12 th		
09 18 th /19 th		
10 25 th /26 th		

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc