



**Heart of Midlothian ASC**  
**Competition / Events Calendar 2024-2025**  
Updated 5<sup>th</sup> September 2024



**September**

04 07 <sup>th</sup> /08 <sup>th</sup>	Dunedin Challenge Meet, Bathgate (07 <sup>th</sup> )	F2/F1
	Scottish Masters SC Nationals, Glenrothes (07 <sup>th</sup> /08 <sup>th</sup> )	MASTERS
05 14 <sup>th</sup> /15 <sup>th</sup>	Hearts Club Championships, Drumbrae (17 <sup>th</sup> /20 <sup>th</sup> /21 <sup>st</sup> /22 <sup>nd</sup> )	ALL
06 21 <sup>st</sup> /22 <sup>nd</sup>	Hearts Club Championships, Drumbrae (24 <sup>th</sup> /27 <sup>th</sup> )	ALL
07 28 <sup>th</sup> /29 <sup>th</sup>	East District Short Course Time Trials, Glenrothes (28 <sup>th</sup> /29 <sup>th</sup> )	NAT/F2/F1

**October**

08 05 <sup>th</sup> /06 <sup>th</sup>	Hearts Club Championships, Drumbrae (01 <sup>st</sup> )	ALL
	Hearts Premier Age Group Meet, Glenrothes (05 <sup>th</sup> )	NAT/F2/F1/T4
	Swim England National County Team Championships, Sheffield (06 <sup>th</sup> )	SELECTED
09 12 <sup>th</sup> /13 <sup>th</sup>	SWL 200+ Distance Meet, Bathgate (12 <sup>th</sup> /13 <sup>th</sup> )	NAT/F2/F1
10 19 <sup>th</sup> /20 <sup>th</sup>		
11 26 <sup>th</sup> /27 <sup>th</sup>	Scottish National League 2024 Round 1, Drumbrae (25 <sup>th</sup> )	NAT/F2/F1
	SWL / Hearts Time Trial, Deans CHS (25 <sup>th</sup> )	NAT/F2/F1
	Warrender Junior Age Group Meet, Glenrothes (26 <sup>th</sup> /27 <sup>th</sup> )	Saturday: NAT/F2/F1 Sunday: F1/T4/T3/T2

**November**

12 02 <sup>nd</sup> /03 <sup>rd</sup>	Scottish Masters Nationals 1500, Glenrothes (02 <sup>nd</sup> )	MASTERS
	TaSK Time Trial, Drumbrae (03 <sup>rd</sup> )	T4/T3/T2/T1
13 09 <sup>th</sup> /10 <sup>th</sup>	Hearts Celebration Night, Royal High Rugby Club (08 <sup>th</sup> )	
	Lothian Region Graded Meet, Prestonpans (09 <sup>th</sup> )	F2/F1/T4/T3/T2
14 16 <sup>th</sup> /17 <sup>th</sup>	Scottish National League 2024 Round 2, Drumbrae (15 <sup>th</sup> )	NAT/F2/F1
	Midlothian Minnows Gala, Prestonpans (16 <sup>th</sup> )	T4/T3/T2
15 23 <sup>rd</sup> /24 <sup>th</sup>	Hearts Annual General Meeting, venue TBC (20 <sup>th</sup> )	
	East District Age Groups Round 1 (Distance), Glenrothes (23 <sup>rd</sup> /24 <sup>th</sup> )	QUALIFIERS

**December**

16 30 <sup>th</sup> /01 <sup>st</sup>	East District SC Masters Meet, Prestonpans (30 <sup>th</sup> )	MASTERS
	Tranent Xmas Gala, Prestonpans (01 <sup>st</sup> )	NAT/F2/F1/T4/T3/T2
17 07 <sup>th</sup> /08 <sup>th</sup>	Scottish National Short Course Champs, RCP (06 <sup>th</sup> -08 <sup>th</sup> )	QUALIFIERS
18 14 <sup>th</sup> /15 <sup>th</sup>	Scottish National Leagues Final, Glenrothes (14 <sup>th</sup> )	
19 21 <sup>st</sup> /22 <sup>nd</sup>	Christmas Club Night, Drumbrae (22 <sup>nd</sup> )	ALL
20 28 <sup>th</sup> /29 <sup>th</sup>		

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
<b>2025</b>		
<b>January</b>		
21 04 <sup>th</sup> /05 <sup>th</sup>		
22 11 <sup>th</sup> /12 <sup>th</sup>	Hearts 140 <sup>th</sup> Anniversary Ceilidh, Roxy Assembly (10 <sup>th</sup> )	
23 18 <sup>th</sup> /19 <sup>th</sup>	Lothian Region Junior Graded Meet, Prestonpans (18 <sup>th</sup> )	F2/F1/T4/T3
24 25 <sup>th</sup> /26 <sup>th</sup>		
<b>February</b>		
25 01 <sup>st</sup> /02 <sup>nd</sup>	East District Age Groups Round 2, RCP (01 <sup>st</sup> /02 <sup>nd</sup> )	NAT/F2/F1
26 08 <sup>th</sup> /09 <sup>th</sup>	Overseas Training Camp, Lanzarote (08 <sup>th</sup> -15 <sup>th</sup> )	NAT/F2/F1
27 15 <sup>th</sup> /16 <sup>th</sup>	Overseas Training Camp, Lanzarote (08 <sup>th</sup> -15 <sup>th</sup> )	NAT/F2/F1
28 22 <sup>nd</sup> /23 <sup>rd</sup>	Hearts Fast in February Meet, Bathgate (22 <sup>nd</sup> /23 <sup>rd</sup> )	NAT/F2/F1/T4
<b>March</b>		
29 01 <sup>st</sup> /02 <sup>nd</sup>	East District Graded Challenge Meet, Bathgate (01 <sup>st</sup> /02 <sup>nd</sup> )	NAT/F2/F1/T4
30 08 <sup>th</sup> /09 <sup>th</sup>	Lothian Region Intermediate Leagues Round 1, Prestonpans (08 <sup>th</sup> )	ALL
31 15 <sup>th</sup> /16 <sup>th</sup>	Edinburgh International Swim Meet, RCP (14 <sup>th</sup> -16 <sup>th</sup> )	
32 22 <sup>nd</sup> /23 <sup>rd</sup>	East District Age Groups Round 3, RCP (22 <sup>nd</sup> /23 <sup>rd</sup> )	NAT/F2/F1
33 29 <sup>th</sup> /30 <sup>th</sup>	Scottish Masters LC Nationals, Aberdeen (29 <sup>th</sup> /30 <sup>th</sup> )	MASTERS
<b>April</b>		
34 05 <sup>th</sup> /06 <sup>th</sup>	Scottish National Age Groups, Aberdeen (05 <sup>th</sup> -09 <sup>th</sup> )	QUALIFIERS
35 12 <sup>th</sup> /13 <sup>th</sup>	British Championships, London (15 <sup>th</sup> -20 <sup>th</sup> )	QUALIFIERS
36 19 <sup>th</sup> /20 <sup>th</sup>		
37 26 <sup>th</sup> /27 <sup>th</sup>		
<b>May</b>		
38 03 <sup>rd</sup> /04 <sup>th</sup>	Lothian Region Intermediate Leagues Round 2, Prestonpans (03 <sup>rd</sup> )	ALL
39 10 <sup>th</sup> /11 <sup>th</sup>		
40 17 <sup>th</sup> /18 <sup>th</sup>		
41 24 <sup>th</sup> /25 <sup>th</sup>		
<b>June</b>		
42 31 <sup>st</sup> /01 <sup>st</sup>	Hearts Novice Meet, Prestonpans (01 <sup>st</sup> )	T4/T3/T2/T1
43 07 <sup>th</sup> /08 <sup>th</sup>	Lothian Region Intermediate Leagues Round 3, Prestonpans (07 <sup>th</sup> )	ALL
	Lothian Region Distance Meet, Prestonpans (08 <sup>th</sup> )	
44 14 <sup>th</sup> /15 <sup>th</sup>	Warrender EoS Showdown, Glenrothes (14 <sup>th</sup> /15 <sup>th</sup> )	
45 21 <sup>st</sup> /22 <sup>nd</sup>	East District Summer Sizzler, RCP (21 <sup>st</sup> )	
	Hearts Summer Challenge, Drumbrae (22 <sup>nd</sup> )	ALL
46 28 <sup>th</sup> /29 <sup>th</sup>	Scottish National Open Championships, RCP (27 <sup>th</sup> -29 <sup>th</sup> )	QUALIFIERS
<b>July</b>		
47 05 <sup>th</sup> /06 <sup>th</sup>		
48 12 <sup>th</sup> /13 <sup>th</sup>	Scottish Summer Meet, Aberdeen (10 <sup>th</sup> -13 <sup>th</sup> )	QUALIFIERS

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
49 19 <sup>th</sup> /20 <sup>th</sup>	British Summer Championships, Sheffield (19 <sup>th</sup> -25 <sup>th</sup> )	QUALIFIERS
50 26 <sup>th</sup> /27 <sup>th</sup>	British Summer Championships, Sheffield (19 <sup>th</sup> -25 <sup>th</sup> )	QUALIFIERS
<b>August</b>		
51 02 <sup>nd</sup> /03 <sup>rd</sup>		
52 09 <sup>th</sup> /10 <sup>th</sup>		

Red Type = To Be Decided / Confirmed    *Italics = For Interest*    Green = Fundraising/Social etc