



Heart of Midlothian ASC
Competition / Events Calendar 2023-2024
Updated 10th July 2024



July

48 13 th /14 th	Scottish Summer Meet, Aberdeen (11 th -14 th)	QUALIFIERS
49 20 th /21 st	British Summer Championships, Sheffield (20 th -26 th)	QUALIFIERS
50 27 th /28 th	British Summer Championships, Sheffield (20 th -26 th)	QUALIFIERS

August

51 03 rd /04 th		
52 10 th /11 th	Hearts Summer Sports Day, Drumbrae (11 th)	ALL

2024 / 2025

01 17 th /18 th		
02 24 th /25 th	Weekend Training Camp, Dunoon (23 rd -25 th)	F2/F1
September		
03 31 st /01 st	Portobello Super September Meet, Prestonpans (01 st)	F1/T4/T3/T2
04 07 th /08 th	Dunedin Challenge Meet, Bathgate (07 th)	NAT/F2/F1
	Scottish Masters SC Nationals, Glenrothes (07 th /08 th)	MASTERS
05 14 th /15 th	Hearts Club Championships, Drumbrae (17 th /20 th /21 st /22 nd)	ALL
06 21 st /22 nd	Hearts Club Championships, Drumbrae (24 th /27 th)	ALL
07 28 th /29 th	East District Short Course Time Trials, Glenrothes (28 th /29 th)	NAT/F2/F1
October		
08 05 th /06 th	Hearts Premier Age Group Meet, Glenrothes (05 th)	NAT/F2/F1/T4
	Swim England National County Team Championships, Sheffield (06 th)	SELECTED
09 12 th /13 th	SWL 200+ Distance Meet, Bathgate (12 th /13 th)	NAT/F2/F1
10 19 th /20 th		
11 26 th /27 th	Warrender Junior Age Group Meet, Glenrothes (26 th /27 th)	Saturday: NAT/F2/F1 Sunday: F1/T4/T3/T2
November		
12 02 nd /03 rd	Scottish Masters Nationals 1500, Glenrothes (02 nd)	MASTERS
13 09 th /10 th	Hearts Celebration Night, Royal High Rugby Club (08 th)	
	Lothian Region Graded Meet, Prestonpans (09 th)	NAT/F2/F1/T4
14 16 th /17 th		
15 23 rd /24 th	Hearts Annual General Meeting, venue TBC (21 st)	
	East District Age Groups Round 1 (Distance), Glenrothes (23 rd /24 th)	QUALIFIERS

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
December		
16 30 th /01 st	East District SC Masters Meet, Prestonpans (30 th)	MASTERS
	Tranent Xmas Gala, Prestonpans (01 st)	NAT/F2/F1/T4/T3/T2
17 07 th /08 th	Scottish National Short Course Champs, RCP (06 th -08 th)	QUALIFIERS
18 14 th /15 th	Scottish National Leagues Final, venue TBC (14 th)	
19 21 st /22 nd	Christmas Club Night, Drumbrae (22 nd)	ALL
20 28 th /29 th		
2025		
January		
21 04 th /05 th		
22 11 th /12 th	Hearts 140 th Anniversary Ceilidh, Roxy Assembly (10 th)	
23 18 th /19 th	Lothian Region Junior Graded Meet, Prestonpans (18 th)	F2/F1/T4/T3
24 25 th /26 th		
February		
25 01 st /02 nd	East District Age Groups Round 2, RCP (01 st /02 nd)	NAT/F2/F1
26 08 th /09 th	Overseas Training Camp, Lanzarote (08 th -15 th)	NAT/F2/F1
27 15 th /16 th	Overseas Training Camp, Lanzarote (08 th -15 th)	NAT/F2/F1
28 22 nd /23 rd	Hearts Fast in February Meet, Bathgate (22 nd /23 rd)	NAT/F2/F1/T4
March		
29 01 st /02 nd	East District Graded Challenge Meet, Bathgate (01 st /02 nd)	NAT/F2/F1/T4
30 08 th /09 th		
31 15 th /16 th	Edinburgh International Swim Meet, RCP (14 th -16 th)	
	Lothian Region Intermediate Leagues Round 1, Prestonpans (15 th)	ALL
32 22 nd /23 rd	East District Age Groups Round 3, RCP (22 nd /23 rd)	NAT/F2/F1
33 29 th /30 th	Scottish Masters LC Nationals, Aberdeen (29 th /30 th)	MASTERS
April		
34 05 th /06 th	Scottish National Age Groups, Aberdeen (05 th -09 th)	QUALIFIERS
35 12 th /13 th	British Championships, London (15 th -20 th)	QUALIFIERS
36 19 th /20 th		
37 26 th /27 th		
May		
38 03 rd /04 th	Lothian Region Intermediate Leagues Round 2, Prestonpans (03 rd)	ALL
39 10 th /11 th		
40 17 th /18 th		
41 24 th /25 th		
June		
42 31 st /01 st		
43 07 th /08 th	Lothian Region Intermediate Leagues Round 3, Prestonpans (07 th)	ALL

<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
44 14 th /15 th	Lothian Region Distance Meet, Prestonpans (14 th /15 th)	
45 21 st /22 nd	East District Summer Sizzler, RCP (21 st) Hearts Summer Challenge, Drumbrae (22 nd)	ALL
46 28 th /29 th	Scottish National Open Championships, Glasgow (27 th -29 th)	QUALIFIERS
July		
47 05 th /06 th		
48 12 th /13 th	Scottish Summer Meet, Aberdeen (10 th -13 th)	QUALIFIERS
49 19 th /20 th	British Summer Championships, Sheffield (19 th -25 th)	QUALIFIERS
50 26 th /27 th		
August		
51 02 nd /03 rd		
52 09 th /10 th		

Red Type = To Be Decided / Confirmed *Italics* = For Interest Green = Fundraising/Social etc