



Heart of Midlothian ASC
Competition / Events Calendar 2023-2024
Updated 8th February 2024



February

26 10 th /11 th	Overseas Training Camp, Lanzarote (10 th -17 th)	
27 17 th /18 th	Overseas Training Camp, Lanzarote (10 th -17 th)	
28 24 th /25 th	Scottish Schools Championships, East Kilbride (23 rd)	QUALIFIERS
	Hearts Fast in February Meet, Bathgate (24 th)	T1/T2/T3/T4

March

29 02 nd /03 rd	East District Chilli Challenge Meet, Bathgate (02 nd /03 rd)	T1/T2/T3/T4
30 09 th /10 th	Edinburgh International Swim Meet, RCP (08 th -10 th)	T1
	REN 96 Pre-SNAGS Meet, Linwood (09 th /10 th)	T1/T2/T3
31 16 th /17 th	East District Age Groups Round 3, RCP (16 th /17 th)	T1/T2/T3/T4
32 23 rd /24 th		
33 30 th /31 st	Lothian Region Intermediate Leagues Round 1, Prestonpans (30 th)	T1/T2/T3/T4/T5/T6

April

34 06 th /07 th	British Championships, London (02 nd -07 th)	QUALIFIERS
35 13 th /14 th	Scottish National Age Groups, Aberdeen (10 th -14 th)	QUALIFIERS
36 20 th /21 st	Tranent Open Graded Meet, Prestonpans (20 th)	T2/T3/T4
	Development Time Trial, Drumbrae (21 st)	T4/T5/T6/T7
37 27 th /28 th	Lothian Region Intermediate Leagues Round 2, Prestonpans (27 th)	T1/T2/T3/T4/T5/T6

May

38 04 th /05 th	SWL IM Tough Meet, Bathgate (04 th /05 th)	T1/T2/T3
39 11 th /12 th		
40 18 th /19 th	Carnegie Spring Meet, Glenrothes (18 th /19 th)	T2/T3/T4/T5
41 25 th /26 th		

June

42 01 st /02 nd	Hearts Novice Meet, Prestonpans (01 st)	T4/T5/T6
43 08 th /09 th	Lothian Region Intermediate Leagues Round 3, Prestonpans (08 th)	T1/T2/T3/T4/T5/T6
44 15 th /16 th	Warrender End of Season Age Group Meet, Glenrothes (15 th /16 th)	T1/T2/T3/T4
	Scottish National Open Water Championships, Lochwinnoch (15 th /16 th)	
45 22 nd /23 rd	East District Summer Sizzler, RCP (22 nd)	T1/T2/T3
	Hearts Summer Challenge, Drumbrae (23 rd)	ALL
46 29 th /30 th	Scottish National Open Championships, RCP (28 th -30 th)	QUALIFIERS

Training Wk #
Wk Ending

Competitions / Events

Squads

July

47 06th/07th

48 13th/14th

Scottish Summer Meet, Aberdeen (11th-14th)

QUALIFIERS

49 20th/21st

British Summer Championships, Sheffield (20th-26th)

QUALIFIERS

50 27th/28th

British Summer Championships, Sheffield (20th-26th)

QUALIFIERS

August

51 03rd/04th

52 10th/11th

Red Type = To Be Decided / Confirmed

Italics = For Interest

Green = Fundraising/Social etc