



Heart of Midlothian ASC
Competition / Events Calendar 2023-2024
Updated 25th January 2024



2024
January

24 27th/28th ELST Age Group Meet, Prestonpans (27th/28th) T1/T2/T3

February

25 03rd/04th East District Age Groups Round 2, RCP (03rd/04th) T1/T2/T3/T4
Development Time Trial, Drumbrae (04th) T4/T5/T6/T7

26 10th/11th Overseas Training Camp, Lanzarote (10th-17th)

27 17th/18th Overseas Training Camp, Lanzarote (10th-17th)

28 24th/25th Scottish Schools Championships, East Kilbride (23rd) QUALIFIERS
Hearts Fast in February Meet, Bathgate (24th) T1/T2/T3/T4

March

29 02nd/03rd East District Graded Challenge Meet, Bathgate (02nd/03rd) T1/T2/T3/T4

30 09th/10th Edinburgh International Swim Meet, RCP (08th-10th) T1
REN 96 Pre-SNAGS Meet, Linwood (09th/10th) T1/T2/T3

31 16th/17th East District Age Groups Round 3, RCP (16th/17th) T1/T2/T3/T4

32 23rd/24th

33 30th/31st Lothian Region Intermediate Leagues Round 1, Prestonpans (30th) T1/T2/T3/T4/T5/T6

April

34 06th/07th British Championships, London (02nd-07th) QUALIFIERS

35 13th/14th Scottish National Age Groups, Aberdeen (10th-14th) QUALIFIERS

36 20th/21st Tranent Open Graded Meet, Prestonpans (20th) T2/T3/T4
Development Time Trial, Drumbrae (21st) T4/T5/T6/T7

37 27th/28th Lothian Region Intermediate Leagues Round 2, Prestonpans (27th) T1/T2/T3/T4/T5/T6

May

38 04th/05th SWL IM Tough Meet, Bathgate (04th/05th) T1/T2/T3

39 11th/12th

40 18th/19th Carnegie Spring Meet, Glenrothes (18th/19th) T2/T3/T4/T5

41 25th/26th

June

42 01st/02nd Hearts Novice Meet, Prestonpans (01st) T4/T5/T6

43 08th/09th Lothian Region Intermediate Leagues Round 3, Prestonpans (08th) T1/T2/T3/T4/T5/T6

44 15th/16th Warrender End of Season Age Group Meet, Glenrothes (15th/16th) T1/T2/T3/T4
Scottish National Open Water Championships, Lochwinnoch (15th/16th)



<u>Training Wk #</u> <u>Wk Ending</u>	<u>Competitions / Events</u>	<u>Squads</u>
45 22 nd /23 rd	East District Summer Sizzler, RCP (22 nd)	T1/T2/T3
	Hearts Summer Challenge, Drumbrae (23 rd)	ALL
46 29 th /30 th	Scottish National Open Championships, RCP (28 th -30 th)	QUALIFIERS
July		
47 06 th /07 th		
48 13 th /14 th	Scottish Summer Meet, Aberdeen (11 th -14 th)	QUALIFIERS
49 20 th /21 st	British Summer Championships, Sheffield (20 th -26 th)	QUALIFIERS
50 27 th /28 th	British Summer Championships, Sheffield (20 th -26 th)	QUALIFIERS
August		
51 03 rd /04 th		
52 10 th /11 th		

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc