



Heart of Midlothian ASC
Competition / Events Calendar 2022-2023
Updated 10th March 2023



March

31 18 th /19 th	Lothian Region Intermediate Leagues Round 1, Prestonpans (18 th)	ALL SQUADS
32 25 th /26 th	East District Age Group Champs 3, RCP (25 th /26 th)	T1/T2/T3/T4

April

33 01 st /02 nd	Tranent Open Graded Meet, Prestonpans (01 st)	T2/T3/T4/T5/T6
34 08 th /09 th	British Championships, Sheffield (04 th -09 th)	HM
35 15 th /16 th	Scottish National Age Groups, Aberdeen (12 th -16 th)	QUALIFIERS
36 22 nd /23 rd		
37 29 th /30 th	Dunfermline ASC Junior Sprint Meet, Glenrothes (30 th)	T4/T5/T6

May

38 06 th /07 th	Lothian Region Intermediate Leagues Round 2, Prestonpans (07 th)	ALL SQUADS
39 13 th /14 th	Hearts Mid-May Meet, Prestonpans (14 th)	13/unders
40 20 th /21 st		
41 27 th /28 th	Glasgow International Swim Meet, Glasgow (26 th -28 th)	T1/T2
	Tier 4 / Tier 5 / Tier 6 Time Trials, Drumbrae (28 th)	T4/T5/T6

June

42 03 rd /04 th	Lothian Region Intermediate Leagues Round 3, Prestonpans (03 rd)	ALL SQUADS
43 10 th /11 th	Warrender End of Season Meet, Glenrothes (10 th /11 th)	T1/T2/T3/T4
	Musselburgh Summer Fun Meet, Prestonpans (11 th)	T3/T4/T5/T6
44 17 th /18 th	Lothian Region Distance Meet, Prestonpans (17 th /18 th)	T1/T2/T3
45 24 th /25 th	East District Summer Sizzler, RCP (24 th)	T1/T2/T3
	Hearts Summer Sprint Challenge, Drumbrae (25 th)	ALL SQUADS

July

46 01 st /02 nd	Scottish National Open Championships, Glasgow (30 th -02 nd)	QUALIFIERS
47 08 th /09 th		
48 15 th /16 th	Scottish Summer Meet, Aberdeen (14 th -16 th)	QUALIFIERS
49 22 nd /23 rd	British Summer Championships, Sheffield (22 nd -28 th)	QUALIFIERS
50 29 th /30 th	British Summer Championships, Sheffield (22 nd -28 th)	QUALIFIERS

August

51 05 th /06 th		
52 12 th /13 th		

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc