



# Heart of Midlothian ASC

## Competition / Events Calendar 2022-2023

Updated 16<sup>th</sup> August 2022



### August

01 20<sup>th</sup>/21<sup>st</sup>

02 27<sup>th</sup>/28<sup>th</sup>

### September

03 03<sup>rd</sup>/04<sup>th</sup> Hearts Club Championships, Drumbrae (04<sup>th</sup>) ALL

04 10<sup>th</sup>/11<sup>th</sup> Hearts Club Championships, Drumbrae (11<sup>th</sup>) ALL

05 17<sup>th</sup>/18<sup>th</sup> Hearts Club Championships, Drumbrae (13<sup>th</sup>) ALL

06 24<sup>th</sup>/25<sup>th</sup> Hearts Club Championships, Drumbrae (20<sup>th</sup> / 23<sup>rd</sup> / 25<sup>th</sup>) ALL

### October

07 01<sup>st</sup>/02<sup>nd</sup> Hearts Club Championships, Drumbrae (27<sup>th</sup>) ALL

National League Round 1, tbc (w/c 26<sup>th</sup>) **SELECTED**

08 08<sup>th</sup>/09<sup>th</sup> National League Round 1, tbc (w/c 03<sup>rd</sup>) **SELECTED**

SWL 200+ Distance Meet, Bathgate (08<sup>th</sup>) T1/T2/T3

Hearts Premier Age Group Meet, Prestonpans (09<sup>th</sup>) T1/T2/T3

09 15<sup>th</sup>/16<sup>th</sup>

10 22<sup>nd</sup>/23<sup>rd</sup> District Open Championships, tbc (22<sup>nd</sup>/23<sup>rd</sup>)

11 29<sup>th</sup>/30<sup>th</sup>

### November

12 05<sup>th</sup>/06<sup>th</sup> District Open Championships, tbc (05<sup>th</sup>/06<sup>th</sup>)

13 12<sup>th</sup>/13<sup>th</sup> National League Round 2, tbc (w/c 07<sup>th</sup>) **SELECTED**

Lothian Region Graded Meet, Prestonpans (12<sup>th</sup>) T2/T3/T4

14 19<sup>th</sup>/20<sup>th</sup>

15 26<sup>th</sup>/27<sup>th</sup> East District Age Group Champs 1, tbc (27<sup>th</sup>/28<sup>th</sup>)

### December

16 03<sup>rd</sup>/04<sup>th</sup> Tranent Xmas Gala, Prestonpans (03<sup>rd</sup>)

17 10<sup>th</sup>/11<sup>th</sup> Scottish National Short Course Champs, RCP (09<sup>th</sup>-11<sup>th</sup>) T1/T2

18 17<sup>th</sup>/18<sup>th</sup> National League Finals, tbc (17<sup>th</sup>)

19 24<sup>th</sup>/25<sup>th</sup>

**2023**

### January

20 31<sup>st</sup>/01<sup>st</sup>

21 07<sup>th</sup>/08<sup>th</sup>

22 14<sup>th</sup>/15<sup>th</sup>

**Training Wk #**  
**Wk Ending**

**Competitions / Events**

**Squads**

23 21<sup>st</sup>/22<sup>nd</sup> East District Age Group Champs 2, tbc (21<sup>st</sup>/22<sup>nd</sup>)

24 28<sup>th</sup>/29<sup>th</sup>

**February**

25 04<sup>th</sup>/05<sup>th</sup>

26 11<sup>th</sup>/12<sup>th</sup>

27 18<sup>th</sup>/19<sup>th</sup>

28 25<sup>th</sup>/26<sup>th</sup>

**March**

29 04<sup>th</sup>/05<sup>th</sup> East District Age Group Challenge, tbc (04<sup>th</sup>/05<sup>th</sup>)

30 11<sup>th</sup>/12<sup>th</sup> Edinburgh International Swim Meet, RCP (10<sup>th</sup>-12<sup>th</sup>)

31 18<sup>th</sup>/19<sup>th</sup>

32 25<sup>th</sup>/26<sup>th</sup> East District Age Group Champs 3, tbc (26<sup>th</sup>/27<sup>th</sup>)

**April**

33 01<sup>st</sup>/02<sup>nd</sup>

34 08<sup>th</sup>/09<sup>th</sup> British Championships, tbc (04<sup>th</sup>-09<sup>th</sup>)

35 15<sup>th</sup>/16<sup>th</sup> Scottish National Age Groups, tbc (12<sup>th</sup>-16<sup>th</sup>)

36 22<sup>nd</sup>/23<sup>rd</sup>

37 29<sup>th</sup>/30<sup>th</sup>

**May**

38 06<sup>th</sup>/07<sup>th</sup>

39 13<sup>th</sup>/14<sup>th</sup>

40 20<sup>th</sup>/21<sup>st</sup>

41 27<sup>th</sup>/28<sup>th</sup> Glasgow International Swim Meet, Glasgow (26<sup>th</sup>-28<sup>th</sup>)

**June**

42 03<sup>rd</sup>/04<sup>th</sup>

43 10<sup>th</sup>/11<sup>th</sup>

44 17<sup>th</sup>/18<sup>th</sup>

45 24<sup>th</sup>/25<sup>th</sup> East District Summer Sizzler, tbc (25<sup>th</sup>)

**July**

46 01<sup>st</sup>/02<sup>nd</sup>

47 08<sup>th</sup>/09<sup>th</sup>

48 15<sup>th</sup>/16<sup>th</sup>

49 22<sup>nd</sup>/23<sup>rd</sup>

50 29<sup>th</sup>/30<sup>th</sup>

**August**

51 05<sup>th</sup>/06<sup>th</sup>

52 12<sup>th</sup>/13<sup>th</sup>

Red Type = To Be Decided / Confirmed    *Italics = For Interest*    Green = Fundraising/Social etc