

Individual Meet Results

Scottish National Short Course Championships 13-Dec-19 to 15-Dec-19 [Ageup: 31/12/2019] SC Meters

Sanction: L1/626/SS/DEC19 Location: Roval Commonwealth Pool

Heart of Midlothian [EHMX] Coach: Phil Potter

Time	F/P/S	Event	Place	Points	Improv
Jack Brown (14) M					
5:02.92S	P # 101	Male 400 IM	73	---	-2.73
29.45S	F # 114	200 Medley Relay Lead Off	---	---	-0.04
5:02.92S	P # 121	Male 400 IM	37	---	-2.73
1:02.79S	F # 313	400 Medley Relay Lead Off	---	---	-2.23
Fraser Claxton (15) M					
9:23.71S	F # 111	Male 800 Free	46	---	12.55
James Claxton (17) M					
17:10.93S	F # 212	Male 1500 Free	31	---	0.39
24.70S	P # 305	Male 50 Free	50	---	-0.22
24.70S	P # 325	Male 50 Free	15	---	-0.22
Erika Coupek (17) F					
59.98S	P # 104	Female 100 Free	70	---	-0.33
2:20.66S	P # 108	Female 200 Back	30	---	1.66
59.98S	P # 124	Female 100 Free	33	---	-0.33
2:24.15S	P # 201	Female 200 IM	21	---	-0.47
27.67S	P # 205	Female 50 Free	55	---	-0.41
1:05.44S	P # 209	Female 100 Back	35	---	0.13
27.67S	P # 225	Female 50 Free	20	---	-0.41
1:05.44S	P # 229	Female 100 Back	3	---	0.13
NS	P # 302	Female 200 Free	---	---	---
1:08.70S	P # 310	Female 100 IM	34	---	0.62
NS	P # 322	Female 200 Free	---	---	---
Isla Grant (13) F					
19:09.40S	F # 312	Female 1500 Free	30	---	10.11
Ross Kerr (17) M					
24.47S	F # 213	200 Free Relay Lead Off	---	---	-0.24
24.31S	P # 305	Male 50 Free	34	---	-0.40
24.31S	P # 325	Male 50 Free	7	---	-0.40
Holly Lumsden (14) F					
31.39S	P # 306	Female 50 Back	62	---	0.18
1:10.29S	P # 310	Female 100 IM	68	---	0.92
31.39S	P # 326	Female 50 Back	27	---	0.18
1:10.29S	P # 330	Female 100 IM	33	---	0.92
Alice Mackie (13) F					
30.12S	P # 110	Female 50 Fly	55	---	-0.06
30.12S	P # 130	Female 50 Fly	17	---	-0.06
1:06.90S	P # 203	Female 100 Fly	53	---	-0.22
1:06.90S	P # 223	Female 100 Fly	18	---	-0.22
2:30.37S DQ	P # 308	Female 200 Fly	---	---	---
2:30.37S DQ	P # 328	Female 200 Fly	---	---	---

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Holly McGill (14) F					
4:58.74S	F # 102	Female 400 IM	8	9	-6.94
5:00.91S	P # 102	Female 400 IM	7	---	-4.77
2:14.52S	F # 108	Female 200 Back	13	4	-1.27
2:15.46S	P # 108	Female 200 Back	14	---	-0.33
1:08.48S	F # 1102	Female 100 Fly	---	---	-1.34
30.21S	F # 113	200 Medley Relay Lead Off	---	---	---
2:22.71S	P # 201	Female 200 IM	15	---	-3.47
2:23.13S	F # 201	Female 200 IM	15	2	-3.05
1:03.63S	P # 209	Female 100 Back	19	---	-1.27
2:22.71S	P # 221	Female 200 IM	1	---	-3.47
2:08.90S	P # 302	Female 200 Free	50	---	-2.74
29.95S	P # 306	Female 50 Back	25	---	-0.26
2:30.62S	P # 308	Female 200 Fly	45	---	-0.15
2:08.90S	P # 322	Female 200 Free	17	---	-2.74
2:30.62S	P # 328	Female 200 Fly	9	---	-0.15
Rowan McGill (16) F					
2:22.45S	P # 108	Female 200 Back	37	---	-3.90
2:22.45S	P # 128	Female 200 Back	6	---	-3.90
Ellie Reilly (16) F					
4:56.95S	F # 102	Female 400 IM	7	10	0.78
4:59.24S	P # 102	Female 400 IM	6	---	3.07
34.46S	P # 106	Female 50 Breast	24	---	1.47
1:07.30S	F # 1102	Female 100 Fly	---	---	-0.74
2:24.53S	P # 201	Female 200 IM	24	---	-0.87
2:36.93S	F # 207	Female 200 Breast	12	5	5.50
2:38.79S	P # 207	Female 200 Breast	13	---	7.36
27.93S	F # 214	200 Free Relay Lead Off	---	---	0.13
1:14.41S	P # 304	Female 100 Breast	20	---	4.68
2:24.93S	P # 308	Female 200 Fly	25	---	0.18
Emma Russell (16) F					
54.87S	F # 104	Female 100 Free	5	12	-0.46
55.27S	P # 104	Female 100 Free	5	---	-0.06
28.08S	F # 110	Female 50 Fly	7	10	-0.35
28.26S	P # 110	Female 50 Fly	8	---	-0.17
25.27S	P # 205	Female 50 Free	2	---	-0.85
25.27S	F # 205	Female 50 Free	2	18	-0.85
4:17.54S	P # 211	Female 400 Free	4	---	-4.17
4:20.04S	F # 211	Female 400 Free	7	10	-1.67
1:58.57S	F # 302	Female 200 Free	5	12	-3.49
2:00.91S	P # 302	Female 200 Free	7	---	-1.15
28.34S	F # 306	Female 50 Back	9	8	-0.61
29.17S	P # 306	Female 50 Back	9	---	0.22

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Rowan Saunders (15) F					
35.55S	P # 106	Female 50 Breast	56	---	-0.84
2:22.49S	P # 108	Female 200 Back	38	---	2.89
35.55S	P # 126	Female 50 Breast	20	---	-0.84
2:25.21S	P # 201	Female 200 IM	28	---	-4.16
1:04.92S	P # 209	Female 100 Back	30	---	-0.07
30.47S	P # 306	Female 50 Back	36	---	-0.09
1:07.44S	P # 310	Female 100 IM	19	---	-2.84
1:07.44S	P # 330	Female 100 IM	3	---	-2.84
31.59S	P # 701	Female 50 Fly		---	-0.02
Lucy Trotter (15) F					
2:42.04S	P # 207	Female 200 Breast	21	---	-0.50
1:14.97S	P # 304	Female 100 Breast	24	---	-1.57
1:14.97S	P # 324	Female 100 Breast	4	---	-1.57
35.38S	P # 824	Female 50 Breast		---	-1.10
Rory Young (17) M					
29.08S	P # 206	Male 50 Back	68	---	0.32
2:19.26S	P # 208	Male 200 Fly	64	---	7.50
29.08S	P # 226	Male 50 Back	29	---	0.32
2:21.72S	P # 301	Male 200 IM	72	---	5.25
1:00.07S	P # 303	Male 100 Fly	55	---	-0.37
2:21.72S	P # 321	Male 200 IM	37	---	5.25
1:00.07S	P # 323	Male 100 Fly	20	---	-0.37
27.97S	P # 823	Male 50 Fly		---	-0.40