

Individual Meet Results

Scottish National Short Course Championships 13-Dec-19 to 15-Dec-19 [Ageup: 31/12/2019] SC Meters

Sanction: L1/626/SS/DEC19 Location: Roval Commonwealth Pool

Heart of Midlothian [EHMX] Coach: Phil Potter

Time	F/P/S	Name	Age	Place	Points	Impr
Event #101 Male 400 IM						
5:02.92S	P	Jack Brown	14	73	---	-2.73
Event #102 Female 400 IM						
4:56.95S	F	Ellie Reilly	16	7	10	0.78
4:58.74S	F	Holly McGill	14	8	9	-6.94
4:59.24S	P	Ellie Reilly	16	6	---	3.07
5:00.91S	P	Holly McGill	14	7	---	-4.77
Event #104 Female 100 Free						
54.87S	F	Emma Russell	16	5	12	-0.46
55.27S	P	Emma Russell	16	5	---	-0.06
59.98S	P	Erika Coupek	17	70	---	-0.33
Event #106 Female 50 Breast						
34.46S	P	Ellie Reilly	16	24	---	1.47
35.55S	P	Rowan Saunders	15	56	---	-0.84
Event #108 Female 200 Back						
2:14.52S	F	Holly McGill	14	13	4	-1.27
2:15.46S	P	Holly McGill	14	14	---	-0.33
2:20.66S	P	Erika Coupek	17	30	---	1.66
2:22.45S	P	Rowan McGill	16	37	---	-3.90
2:22.49S	P	Rowan Saunders	15	38	---	2.89
Event #110 Female 50 Fly						
28.08S	F	Emma Russell	16	7	10	-0.35
28.26S	P	Emma Russell	16	8	---	-0.17
30.12S	P	Alice Mackie	13	55	---	-0.06
Event #1102 Female 100 Fly						
1:07.30S	F	Ellie Reilly	16		---	-0.74
1:08.48S	F	Holly McGill	14		---	-1.34
Event #111 Male 800 Free						
9:23.71S	F	Fraser Claxton	15	46	---	12.55
Event #113 Female 200 Medley Relay - Lead-Off Legs (50 Back)						
30.21S	F	Holly McGill	14	---	---	---
Event #114 Male 200 Medley Relay - Lead-Off Legs (50 Back)						
29.45S	F	Jack Brown	14	---	---	-0.04
Event #121 Male 400 IM						
5:02.92S	P	Jack Brown	14	37	---	-2.73
Event #124 Female 100 Free						
59.98S	P	Erika Coupek	17	33	---	-0.33

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Event #126 Female 50 Breast						
35.55S	P	Rowan Saunders	15	20	---	-0.84
Event #128 Female 200 Back						
2:22.45S	P	Rowan McGill	16	6	---	-3.90
Event #130 Female 50 Fly						
30.12S	P	Alice Mackie	13	17	---	-0.06
Event #201 Female 200 IM						
2:22.71S	P	Holly McGill	14	15	---	-3.47
2:23.13S	F	Holly McGill	14	15	2	-3.05
2:24.15S	P	Erika Coupek	17	21	---	-0.47
2:24.53S	P	Ellie Reilly	16	24	---	-0.87
2:25.21S	P	Rowan Saunders	15	28	---	-4.16
Event #203 Female 100 Fly						
1:06.90S	P	Alice Mackie	13	53	---	-0.22
Event #205 Female 50 Free						
* 25.27S	P	Emma Russell	16	2	---	-0.85
* 25.27S	F	Emma Russell	16	2	18	-0.85
27.67S	P	Erika Coupek	17	55	---	-0.41
Event #206 Male 50 Back						
29.08S	P	Rory Young	17	68	---	0.32
Event #207 Female 200 Breast						
2:36.93S	F	Ellie Reilly	16	12	5	5.50
2:38.79S	P	Ellie Reilly	16	13	---	7.36
2:42.04S	P	Lucy Trotter	15	21	---	-0.50
Event #208 Male 200 Fly						
2:19.26S	P	Rory Young	17	64	---	7.50
Event #209 Female 100 Back						
1:03.63S	P	Holly McGill	14	19	---	-1.27
1:04.92S	P	Rowan Saunders	15	30	---	-0.07
1:05.44S	P	Erika Coupek	17	35	---	0.13
Event #211 Female 400 Free						
4:17.54S	P	Emma Russell	16	4	---	-4.17
4:20.04S	F	Emma Russell	16	7	10	-1.67
Event #212 Male 1500 Free						
17:10.93S	F	James Claxton	17	31	---	0.39
Event #213 Male 200 Free Relay - Lead-Off Legs (50 Free)						
24.47S	F	Ross Kerr	17	---	---	-0.24

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Event #214 Female 200 Free Relay - Lead-Off Legs (50 Free)						
27.93S	F	Ellie Reilly	16	---	---	0.13
Event #221 Female 200 IM						
2:22.71S	P	Holly McGill	14	1	---	-3.47
Event #223 Female 100 Fly						
1:06.90S	P	Alice Mackie	13	18	---	-0.22
Event #225 Female 50 Free						
27.67S	P	Erika Coupek	17	20	---	-0.41
Event #226 Male 50 Back						
29.08S	P	Rory Young	17	29	---	0.32
Event #229 Female 100 Back						
1:05.44S	P	Erika Coupek	17	3	---	0.13
Event #301 Male 200 IM						
2:21.72S	P	Rory Young	17	72	---	5.25
Event #302 Female 200 Free						
1:58.57S	F	Emma Russell	16	5	12	-3.49
2:00.91S	P	Emma Russell	16	7	---	-1.15
2:08.90S	P	Holly McGill	14	50	---	-2.74
NS	P	Erika Coupek	17	---	---	---
Event #303 Male 100 Fly						
1:00.07S	P	Rory Young	17	55	---	-0.37
Event #304 Female 100 Breast						
1:14.41S	P	Ellie Reilly	16	20	---	4.68
1:14.97S	P	Lucy Trotter	15	24	---	-1.57
Event #305 Male 50 Free						
24.31S	P	Ross Kerr	17	34	---	-0.40
24.70S	P	James Claxton	17	50	---	-0.22
Event #306 Female 50 Back						
28.34S	F	Emma Russell	16	9	8	-0.61
29.17S	P	Emma Russell	16	9	---	0.22
29.95S	P	Holly McGill	14	25	---	-0.26
30.47S	P	Rowan Saunders	15	36	---	-0.09
31.39S	P	Holly Lumsden	14	62	---	0.18
Event #308 Female 200 Fly						
2:24.93S	P	Ellie Reilly	16	25	---	0.18
2:30.62S	P	Holly McGill	14	45	---	-0.15
2:30.37S	DQ	P	Alice Mackie	13	---	---

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Event #310 Female 100 IM						
1:07.44S	P	Rowan Saunders	15	19	---	-2.84
1:08.70S	P	Erika Coupek	17	34	---	0.62
1:10.29S	P	Holly Lumsden	14	68	---	0.92
Event #312 Female 1500 Free						
19:09.40S	F	Isla Grant	13	30	---	10.11
Event #313 Mixed 400 Medley Relay - Lead-Off Legs (100 Back)						
1:02.79S	F	Jack Brown	14	---	---	-2.23
Event #321 Male 200 IM						
2:21.72S	P	Rory Young	17	37	---	5.25
Event #322 Female 200 Free						
2:08.90S	P	Holly McGill	14	17	---	-2.74
NS	P	Erika Coupek	17	---	---	---
Event #323 Male 100 Fly						
1:00.07S	P	Rory Young	17	20	---	-0.37
Event #324 Female 100 Breast						
1:14.97S	P	Lucy Trotter	15	4	---	-1.57
Event #325 Male 50 Free						
24.31S	P	Ross Kerr	17	7	---	-0.40
24.70S	P	James Claxton	17	15	---	-0.22
Event #326 Female 50 Back						
31.39S	P	Holly Lumsden	14	27	---	0.18
Event #328 Female 200 Fly						
2:30.62S	P	Holly McGill	14	9	---	-0.15
2:30.37S	DQ	Alice Mackie	13	---	---	---
Event #330 Female 100 IM						
1:07.44S	P	Rowan Saunders	15	3	---	-2.84
1:10.29S	P	Holly Lumsden	14	33	---	0.92
Event #701 Female 50 Fly						
31.59S	P	Rowan Saunders	15		---	-0.02
Event #823 Male 50 Fly						
27.97S	P	Rory Young	17		---	-0.40
Event #824 Female 50 Breast						
35.38S	P	Lucy Trotter	15		---	-1.10