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**Individual Meet Results**
**Scottish National Team Championships 21-Sep-19 [Ageup: 31/12/2019] SC Meters**
**Sanction: L1/624/SS/SEP19 Location: Tollcross International Swimming Centre**
**Heart of Midlothian [EHMX] Coach: Phil Potter**

Time	F/P/S	Event	Place	Points	Improv
<b>Jack Brown (14) M</b>					
2:22.33S	F # 125	JNR Male 16 & Under 200 IM	3	9	-11.20
5:05.65S	F # 210	JNR Male 16 & Under 400 IM	8	3	-4.81
<b>Kate Carruthers (13) F</b>					
27.47S	F # 102	JNR 200 Free Relay Lead Off	---	---	-1.40
2:27.77S	F # 124	JNR Female 16 & Under 200 IM	5	6	-14.66
27.59S	F # 207	JNR Female 16 & Under 50 Free	3	9	-1.28
<b>Fraser Claxton (15) M</b>					
2:27.11S	F # 117	JNR Male 16 & Under 200 Fly	8	3	1.41
59.06S	F # 131	JNR Male 16 & Under 100 Free	8	3	-1.74
<b>Sean Craigmile (16) M</b>					
25.45S	F # 103	JNR 200 Free Relay Lead Off	---	---	-1.03
1:01.70S	F # 121	JNR Male 16 & Under 100 Back	2	11	-1.70
2:12.58S	F # 204	JNR Male 16 & Under 200 Back	4	7	1.09
29.33S	F # 218	JNR 200 Medley Relay Lead Off	---	---	0.10
<b>Holly Lumsden (14) F</b>					
35.99S	F # 110	JNR Female 16 & Under 50 Breast	5	6	-1.21
1:09.37S	F # 134	JNR Female 16 & Under 100 IM	3	9	-2.51
<b>Alice Mackie (13) F</b>					
1:08.69S	F # 211	JNR Female 16 & Under 100 Fly	8	3	-2.17
<b>Mary Mackie (16) F</b>					
31.08S	F # 201	JNR Female 16 & Under 50 Fly	5	6	0.86
<b>Dylan Mason (14) M</b>					
36.35S	F # 111	JNR Male 16 & Under 50 Breast	8	3	-1.77
1:10.84S	F # 135	JNR Male 16 & Under 100 IM	8	3	-4.57
<b>Adele McDaid (16) F</b>					
2:31.35S	F # 116	JNR Female 16 & Under 200 Fly	6	5	6.25
<b>Holly McGill (14) F</b>					
2:15.79S	F # 203	JNR Female 16 & Under 200 Back	1	13	-3.51
5:07.63S	F # 209	JNR Female 16 & Under 400 IM	3	9	-6.94
<b>Rowan McGill (16) F</b>					
4:54.69S	F # 106	JNR Female 16 & Under 400 Free	10	1	8.75
<b>Fionnlagh McGuire (14) M</b>					
4:27.50S	F # 107	JNR Male 16 & Under 400 Free	8	3	-5.56
2:07.41S	F # 216	JNR Male 16 & Under 200 Free	7	4	-2.56
<b>Ross Muirden (14) M</b>					
32.81S	F # 208	JNR Male 16 & Under 50 Free	10	1	-1.19
38.36S	F # 214	JNR Male 16 & Under 50 Back	10	1	-3.80
<b>Joseph Robertson (13) M</b>					
32.47S	F # 202	JNR Male 16 & Under 50 Fly	9	2	-1.47
1:14.16S	F # 212	JNR Male 16 & Under 100 Fly	10	1	-2.81
<b>Emma Russell (16) F</b>					
56.16S	F # 130	JNR Female 16 & Under 100 Free	1	13	-0.06
2:04.38S	F # 215	JNR Female 16 & Under 200 Free	1	13	2.32

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<b>Rowan Saunders (15) F</b>					
1:06.07S	F # 120	JNR Female 16 & Under 100 Back	3	9	1.08
30.96S	F # 213	JNR Female 16 & Under 50 Back	1	13	0.40
<b>Lucy Trotter (15) F</b>					
2:42.54S	F # 138	JNR Female 16 & Under 200 Breast	3	9	-2.13
1:17.16S	F # 205	JNR Female 16 & Under 100 Breast	3	9	-3.00
<b>Angus Young (15) M</b>					
2:41.55S	F # 139	JNR Male 16 & Under 200 Breast	7	4	-2.66
1:16.76S	F # 206	JNR Male 16 & Under 100 Breast	9	2	-0.54