
Individual Meet Results
Lincoln Vulcans SC Meet 05-Oct-19 [Ageup: 31/12/2019] SC Meters
Location: Ponds Forge ISC
Heart of Midlothian [EHMX] Coach: Phil Potter

Time	F/P/S	Event	Place	Points	Improv
Kate Carruthers (13) F					
2:30.54S	F # 1	Female 13-13 200 IM	2	---	2.77
1:10.30S	F # 12	Female 13-13 100 Back	1	---	-1.37
Alice Mackie (13) F					
2:32.02S	F # 6	Female 13-13 200 Fly	---	---	-7.88
2:13.82S	F # 9	Female 13-13 200 Free	2	---	-2.03
Holly McGill (14) F					
2:26.18S	F # 2	Female 14-14 200 IM	2	---	-13.15
4:36.14S	F # 8	Female 14-14 400 Free	1	---	-0.77
2:11.64S	F # 10	Female 14-14 200 Free	3	---	-2.44
Ellie Reilly (16) F					
2:26.40S	F # 7	Female 16-16 200 Fly	4	---	1.65
2:11.26S	F # 11	Female 16-16 200 Free	4	---	2.87
DQ	F # 14	Female 16-16 100 Back	---	---	---
Emma Russell (16) F					
2:20.10S	F # 4	Female 16-16 200 IM	2	---	-1.95
1:05.63S	F # 14	Female 16-16 100 Back	3	---	-0.38
Lucy Trotter (15) F					
2:29.97S	F # 3	Female 15-15 200 IM	10	---	-4.33
1:16.54S	F # 5	Female 15-15 100 Breast	8	---	-0.62
1:11.97S	F # 13	Female 15-15 100 Back	8	---	0.08