

## Individual Meet Results

**Scottish National Open Championships 27-Jun-19 to 30-Jun-19 [Ageup: 31/12/2019] LC Meters**

**Sanction: L1/622/SS/IUN19 Location: Aberdeen Sports Village**

**Heart of Midlothian [EHMX] Coach: Phil Potter**

| Time                          | F/P/S   | Event           | Place | Points | Improv |
|-------------------------------|---------|-----------------|-------|--------|--------|
| <b>Jack Brown (14) M</b>      |         |                 |       |        |        |
| 1:05.88L                      | P # 204 | Male 100 Back   | 55    | ---    | -0.55  |
| 2:22.47L                      | P # 305 | Male 200 Back   | 28    | ---    | -0.23  |
| 31.04L                        | P # 405 | Male 50 Back    | 54    | ---    | 0.44   |
| 5:07.30L                      | P # 407 | Male 400 IM     | 31    | ---    | -2.73  |
| <b>Kate Carruthers (13) F</b> |         |                 |       |        |        |
| 1:14.72L                      | P # 101 | Female 100 Fly  | 63    | ---    | 4.79   |
| 35.52L                        | P # 105 | Female 50 Back  | 105   | ---    | 0.42   |
| 2:37.81L                      | P # 201 | Female 200 IM   | 62    | ---    | 2.47   |
| 28.89L                        | P # 207 | Female 50 Free  | 54    | ---    | 0.68   |
| 1:13.16L                      | P # 304 | Female 100 Back | 77    | ---    | 1.41   |
| 30.51L                        | P # 308 | Female 50 Fly   | 33    | ---    | -0.09  |
| 1:01.91L                      | P # 402 | Female 100 Free | 49    | ---    | 0.34   |
| <b>Fraser Claxton (15) M</b>  |         |                 |       |        |        |
| 2:36.31L                      | P # 104 | Male 200 Fly    | 51    | ---    | 4.87   |
| 4:46.41L                      | P # 202 | Male 400 Free   | 61    | ---    | 2.52   |
| <b>James Claxton (17) M</b>   |         |                 |       |        |        |
| 57.37L                        | P # 102 | Male 100 Free   | 76    | ---    | 0.52   |
| 17:55.43L                     | F # 108 | Male 1500 Free  | 11    | 10     | -16.97 |
| 4:34.16L                      | P # 202 | Male 400 Free   | 48    | ---    | -14.92 |
| 28.36L                        | P # 208 | Male 50 Fly     | 60    | ---    | 0.16   |
| 2:28.67L                      | P # 305 | Male 200 Back   | 57    | ---    | -0.57  |
| 25.81L                        | P # 307 | Male 50 Free    | 49    | ---    | 0.47   |
| 2:13.69L                      | P # 403 | Male 200 Free   | 69    | ---    | 6.85   |
| 31.08L                        | P # 405 | Male 50 Back    | 56    | ---    | 0.32   |
| <b>Erika Coupek (17) F</b>    |         |                 |       |        |        |
| 2:13.90L                      | P # 103 | Female 200 Free | 32    | ---    | 1.17   |
| 32.53L                        | P # 105 | Female 50 Back  | 44    | ---    | 0.72   |
| 2:26.85L                      | F # 205 | Female 200 Back | 17    | 4      | 2.88   |
| 2:27.63L                      | P # 205 | Female 200 Back | 18    | ---    | 3.66   |
| 28.50L                        | P # 207 | Female 50 Free  | 38    | ---    | 0.48   |
| 1:08.29L                      | P # 304 | Female 100 Back | 22    | ---    | 1.36   |
| 30.80L                        | P # 308 | Female 50 Fly   | 40    | ---    | -0.95  |
| 1:01.84L                      | P # 402 | Female 100 Free | 45    | ---    | 0.57   |
| <b>Sophie Ferguson (14) F</b> |         |                 |       |        |        |
| 34.40L                        | P # 105 | Female 50 Back  | 95    | ---    | 0.54   |
| 2:39.66L                      | P # 205 | Female 200 Back | 73    | ---    | 2.50   |
| 1:13.58L                      | P # 304 | Female 100 Back | 82    | ---    | 2.04   |
| <b>Holly Lumsden (14) F</b>   |         |                 |       |        |        |
| 1:10.62L                      | P # 101 | Female 100 Fly  | 43    | ---    | 0.26   |
| 34.19L                        | P # 105 | Female 50 Back  | 91    | ---    | 0.95   |
| 2:37.30L                      | P # 201 | Female 200 IM   | 59    | ---    | 3.84   |
| 2:35.28L                      | P # 205 | Female 200 Back | 54    | ---    | 2.88   |
| 1:12.52L                      | P # 304 | Female 100 Back | 68    | ---    | 1.94   |
| 31.36L                        | P # 308 | Female 50 Fly   | 57    | ---    | 0.54   |
| 2:45.01L                      | P # 404 | Female 200 Fly  | 43    | ---    | ---    |

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| Time                            | F/P/S   | Event             | Place | Points | Improv |
|---------------------------------|---------|-------------------|-------|--------|--------|
| <b>Mary Mackie (16) F</b>       |         |                   |       |        |        |
| 1:10.98L                        | P # 101 | Female 100 Fly    | 48    | ---    | 1.21   |
| 34.42L                          | P # 105 | Female 50 Back    | 96    | ---    | 0.19   |
| 30.70L                          | P # 308 | Female 50 Fly     | 35    | ---    | 0.19   |
| <b>Adele McDaid (16) F</b>      |         |                   |       |        |        |
| 1:13.23L                        | P # 101 | Female 100 Fly    | 61    | ---    | 5.91   |
| 5:39.88L                        | P # 107 | Female 400 IM     | 51    | ---    | 5.46   |
| 4:58.24L                        | P # 302 | Female 400 Free   | 59    | ---    | ---    |
| 3:05.21L                        | P # 306 | Female 200 Breast | 64    | ---    | 1.14   |
| 2:31.48L                        | F # 404 | Female 200 Fly    | 17    | 4      | 1.05   |
| 2:33.54L                        | P # 404 | Female 200 Fly    | 21    | ---    | 3.11   |
| <b>Holly McGill (14) F</b>      |         |                   |       |        |        |
| 31.60L                          | P # 105 | Female 50 Back    | 19    | ---    | 0.14   |
| 31.87L                          | F # 105 | Female 50 Back    | 19    | 2      | 0.41   |
| 5:11.05L                        | F # 107 | Female 400 IM     | 13    | 8      | -2.67  |
| 5:14.98L                        | P # 107 | Female 400 IM     | 14    | ---    | 1.26   |
| 2:31.23L                        | P # 201 | Female 200 IM     | 24    | ---    | 2.21   |
| 2:21.58L                        | F # 205 | Female 200 Back   | 4     | 17     | 0.92   |
| 2:22.69L                        | P # 205 | Female 200 Back   | 7     | ---    | 2.03   |
| 1:06.07L                        | F # 304 | Female 100 Back   | 7     | 14     | 0.31   |
| 1:06.72L                        | P # 304 | Female 100 Back   | 8     | ---    | 0.96   |
| <b>Jack McGill (15) M</b>       |         |                   |       |        |        |
| 2:27.02L                        | P # 104 | Male 200 Fly      | 39    | ---    | -0.57  |
| 4:34.10L                        | P # 202 | Male 400 Free     | 47    | ---    | 2.67   |
| 1:07.88L                        | P # 204 | Male 100 Back     | 72    | ---    | 0.95   |
| 5:03.71L                        | P # 407 | Male 400 IM       | 28    | ---    | -2.45  |
| <b>Rowan McGill (16) F</b>      |         |                   |       |        |        |
| 33.17L                          | P # 105 | Female 50 Back    | 58    | ---    | -0.19  |
| 5:41.79L                        | P # 107 | Female 400 IM     | 58    | ---    | -3.90  |
| 2:28.71L                        | P # 205 | Female 200 Back   | 24    | ---    | -1.90  |
| 1:09.46L                        | P # 304 | Female 100 Back   | 32    | ---    | -0.74  |
| <b>Fionnlagh McGuire (14) M</b> |         |                   |       |        |        |
| 4:36.72L                        | P # 202 | Male 400 Free     | 54    | ---    | -7.01  |
| 2:27.25L                        | P # 305 | Male 200 Back     | 53    | ---    | -3.33  |
| <b>Ellie Reilly (16) F</b>      |         |                   |       |        |        |
| 1:10.08L                        | P # 101 | Female 100 Fly    | 40    | ---    | 2.65   |
| NS                              | P # 107 | Female 400 IM     | ---   | ---    | ---    |
| <b>Angus Rutherford (18) M</b>  |         |                   |       |        |        |
| 4:21.48L                        | P # 202 | Male 400 Free     | 29    | ---    | 8.15   |
| 1:08.98L                        | P # 204 | Male 100 Back     | 76    | ---    | 2.64   |
| 2:22.53L                        | P # 301 | Male 200 IM       | 38    | ---    | 1.81   |
| 8:50.60L                        | F # 309 | Male 800 Free     | 5     | 16     | 2.49   |

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|-------------------------------|---------|------------------|-------|--------|--------|
| <b>Finlay Saunders (18) M</b> |         |                  |       |        |        |
| 55.30L                        | P # 102 | Male 100 Free    | 37    | ---    | 0.98   |
| 2:23.54L                      | P # 104 | Male 200 Fly     | 30    | ---    | -9.93  |
| 4:20.53L                      | P # 202 | Male 400 Free    | 27    | ---    | 12.18  |
| 1:05.98L                      | P # 204 | Male 100 Back    | 56    | ---    | 4.63   |
| 2:23.61L                      | P # 305 | Male 200 Back    | 32    | ---    | 9.58   |
| 25.83L                        | P # 307 | Male 50 Free     | 52    | ---    | 0.30   |
| 2:03.16L                      | P # 403 | Male 200 Free    | 40    | ---    | 6.31   |
| 5:11.25L                      | P # 407 | Male 400 IM      | 36    | ---    | 19.12  |
| <b>Rowan Saunders (15) F</b>  |         |                  |       |        |        |
| 31.76L                        | P # 105 | Female 50 Back   | 22    | ---    | 0.84   |
| 2:27.61L                      | P # 201 | Female 200 IM    | 13    | ---    | -1.13  |
| 2:29.27L                      | F # 201 | Female 200 IM    | 16    | 5      | 0.53   |
| 2:25.74L                      | F # 205 | Female 200 Back  | 14    | 7      | 3.47   |
| 2:27.85L                      | P # 205 | Female 200 Back  | 19    | ---    | 5.58   |
| 1:07.46L                      | F # 304 | Female 100 Back  | 17    | 4      | 1.72   |
| 1:07.73L                      | P # 304 | Female 100 Back  | 14    | ---    | 1.99   |
| 36.42L                        | P # 406 | Female 50 Breast | 32    | ---    | -0.99  |
| <b>Ella Wood (16) F</b>       |         |                  |       |        |        |
| 33.99L                        | P # 105 | Female 50 Back   | 82    | ---    | 1.29   |
| 5:41.61L                      | P # 107 | Female 400 IM    | 57    | ---    | -7.19  |
| 2:39.14L                      | P # 205 | Female 200 Back  | 70    | ---    | 1.76   |
| <b>Angus Young (15) M</b>     |         |                  |       |        |        |
| 2:46.04L                      | P # 206 | Male 200 Breast  | 56    | ---    | 0.21   |
| <b>Rory Young (17) M</b>      |         |                  |       |        |        |
| 2:20.96L                      | P # 301 | Male 200 IM      | 33    | ---    | 0.04   |
| 2:24.44L                      | P # 305 | Male 200 Back    | 35    | ---    | -1.83  |
| 1:01.94L                      | P # 401 | Male 100 Fly     | 36    | ---    | 0.27   |
| 2:10.82L                      | P # 403 | Male 200 Free    | 67    | ---    | 0.69   |
| 30.21L                        | P # 405 | Male 50 Back     | 32    | ---    | -0.17  |