



Heart of Midlothian ASC
Competition / Events Calendar 2018-2019
Updated 6th March 2019



March

30 09 th /10 th	Lothian Region Intermediate Leagues Round 1, Prestonpans (09 th) Burns Supper / Ceilidh, Sighthill Bowling Club (09th)	F2/F1/T3/T2/T1
31 16 th /17 th	Edinburgh International Swim Meet, RCP (15 th -17 th)	E/F2
32 23 rd /24 th	Warrender Junior Age Group Meet, Prestonpans (23 rd /24 th) SAG / TaSK 1 / TaSK 2 Time Trial, Drumbrae (24 th)	E/F1 T2/T1/SAG
33 30 th /31 st	Scottish National Age Groups Championships, Tollcross (27 th -31 st) Bake Sale, Drumbrae (30th)	QUALIFIERS

April

34 06 th /07 th		
35 13 th /14 th		
36 20 th /21 st	British Championships / World Trials, Tollcross (16 th -21 st)	QUALIFIERS
37 27 th /28 th	East District Open Championships, RCP (27 th /28 th) East District Long Course Time Trials, RCP (27 th /28 th – PM sessions)	E/F2/F1 F2/F1/T3/T2

May

38 04 th /05 th	Lothian Region Intermediate Leagues Round 2, Prestonpans (04 th)	F2/F1/T3/T2/T1
39 11 th /12 th	West District "Future Stars" Age Group Meet, Tollcross (11 th /12 th) Hearts Novice Meet, Prestonpans (12 th)	E/F2/F1/T3 T2/T1
40 18 th /19 th		
41 25 th /26 th	Glasgow International Swim Meet, Tollcross (24 th -26 th) InCAS Distance Meet, (25th/26th)	E/F2 F2/F1/T3

June

42 01 st /02 nd	Lothian Region Intermediate Leagues Round 3, Prestonpans (01 st)	F2/F1/T3/T2/T1
43 08 th /09 th	ELST Distance Meet, Prestonpans (07 th -09 th)	F2/F1/T3
44 15 th /16 th		
45 22 nd /23 rd	Midlothian Minnows Meet, Prestonpans (22nd) Aquanauts Graded Meet, Bathgate (22nd/23rd)	T2/T1/SAG F1/T3/T2
46 29 th /30 th	Scottish National Open Championship, ASV Aberdeen (27 th -30 th)	QUALIFIERS

July

47 06 th /07 th		
48 13 th /14 th	Scottish Summer Meet, RCP (11 th -14 th)	QUALIFIERS
49 20 th /21 st		
50 27 th /28 th	British Summer Championships, Tollcross (23 rd -28 th)	QUALIFIERS

Training Wk #
Wk Ending

Competitions / Events

Squads

August

51 03rd/04th

52 10th/11th

2019/2020

01 17th/18th

Summer BBQ, Cramond (18th)

02 24th/25th

03 31st/01st

September

04 07th/08th

05 14th/15th

06 21st/22nd

Scottish National Team Championships, Tollcross (21st)

SELECTED

Hearts Club Championships, Drumbrae (22nd)

ALL

07 28th/29th

Hearts Club Championships (Distance), Drumbrae (24th)

ALL

Hearts Club Championships, Drumbrae (28th)

ALL

District Regional Programme Day 1, venue tbc (29th)

QUALIFIERS

October

08 05th/06th

Hearts Club Championships (Distance), Drumbrae (01st)

ALL

Hearts Premier Age Group Meet, Bathgate (05th/06th)

14/unders

09 12th/13th

10 19th/20th

East District Short Course Time Trials, tbc (19th/20th)

E/F2/F1/T3

11 26th/27th

November

12 02nd/03rd

East District Age Groups Championships Sprints, Glenrothes (02nd)

E/F2/F1/T3

District Regional Programme Day 2, venue tbc (03rd)

QUALIFIERS

13 09th/10th

14 16th/17th

15 23rd/24th

East District Age Groups Championships 1, Glenrothes (23rd/24th)

E/F2/F1/T3

16 30th/01st

District Regional Programme Day 3, venue tbc (01st)

QUALIFIERS

December

17 07th/08th

18 14th/15th

Scottish National Short Course Championships, RCP (13th-15th)

QUALIFIERS

19 21st/22nd

20 28th/29th

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc