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**Individual Meet Results**

**Scottish National Open Championships 28-Jun-18 to 01-Jul-18 [Ageup: 31/12/2018] LC Meters**  
**Sanction: L1/582/SS/IUN18 Location: Tollcross International Swimming Centre**  
**Heart of Midlothian [EHMX] Coach: Phil Potter**

Time	F/P/S	Event	Place	Points	Improv
<b>James Claxton (16) M</b>					
25.57L	P # 307	Male 50 Free	59	---	-0.44
25.57L	P # 327	Male 50 Free	12	---	-0.44
5:15.07L	P # 407	Male 400 IM	74	---	---
5:15.07L	P # 427	Male 400 IM	33	---	---
<b>Lewis Condy (19) M</b>					
4:39.53L	P # 202	Male 400 Free	108	---	---
28.47L	P # 208	Male 50 Fly	93	---	-0.06
4:39.53L	P # 222	Male 400 Free	57	---	---
28.47L	P # 228	Male 50 Fly	40	---	-0.06
1:16.13L	P # 303	Male 100 Breast	80	---	0.13
1:16.13L	P # 323	Male 100 Breast	32	---	0.13
<b>Erika Coupek (16) F</b>					
1:09.42L	P # 101	Female 100 Fly	74	---	-0.03
2:14.77L	P # 103	Female 200 Free	77	---	2.04
32.12L	P # 105	Female 50 Back	39	---	0.31
1:09.42L	P # 121	Female 100 Fly	20	---	-0.03
2:14.77L	P # 123	Female 200 Free	28	---	2.04
2:30.57L	P # 201	Female 200 IM	55	---	-2.58
2:23.97L	F # 205	Female 200 Back	17	4	-0.66
2:24.49L	P # 205	Female 200 Back	17	---	-0.14
28.68L	P # 207	Female 50 Free	78	---	0.66
2:30.57L	P # 221	Female 200 IM	11	---	-2.58
28.68L	P # 227	Female 50 Free	25	---	0.66
4:44.29L	P # 302	Female 400 Free	51	---	-3.76
1:07.66L	P # 304	Female 100 Back	34	---	0.62
4:44.29L	P # 322	Female 400 Free	9	---	-3.76
<b>Holly Lumsden (13) F</b>					
32.20L	P # 308	Female 50 Fly	106	---	1.18
32.20L	P # 328	Female 50 Fly	59	---	1.18
38.19L	P # 406	Female 50 Breast	86	---	0.66
38.19L	P # 426	Female 50 Breast	42	---	0.66
<b>Louise Macarthur (15) F</b>					
5:27.63L	P # 107	Female 400 IM	58	---	-3.50
1:13.78L	P # 1107	Female 100 Fly		---	-0.12
2:35.41L	P # 201	Female 200 IM	95	---	3.04
9:44.14L	F # 209	Female 800 Free	29	---	-12.21
2:35.41L	P # 221	Female 200 IM	45	---	3.04
4:53.67L	P # 302	Female 400 Free	88	---	6.41
2:52.42L	P # 326	Female 200 Breast	10	---	-1.59
18:27.56L	F # 408	Female 1500 Free	13	8	-33.88
<b>Keanna MacInnes (17) F</b>					
1:00.58L	P # 101	Female 100 Fly	1	---	1.03
<b>Adele McDaid (15) F</b>					
1:08.71L	P # 101	Female 100 Fly	67	---	0.01
5:38.28L	P # 107	Female 400 IM	82	---	-3.70
1:08.71L	P # 121	Female 100 Fly	15	---	0.01
5:38.28L	P # 127	Female 400 IM	35	---	-3.70

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<b>Holly McGill (13) F</b>					
32.92L	P # 105	Female 50 Back	63	---	0.09
5:32.44L	P # 107	Female 400 IM	68	---	-5.13
32.92L	P # 125	Female 50 Back	11	---	0.09
5:32.44L	P # 127	Female 400 IM	22	---	-5.13
2:27.85L	P # 205	Female 200 Back	33	---	-1.43
2:27.85L	P # 225	Female 200 Back	1	---	-1.43
4:51.45L	P # 302	Female 400 Free	79	---	-1.85
1:10.20L	P # 304	Female 100 Back	70	---	0.43
4:51.45L	P # 322	Female 400 Free	29	---	-1.85
1:10.20L	P # 324	Female 100 Back	18	---	0.43
2:39.69L	P # 404	Female 200 Fly	60	---	---
2:39.69L	P # 424	Female 200 Fly	16	---	---
34.20L	P # 924	Female 50 Fly		---	-0.09
<b>Jack McGill (14) M</b>					
18:19.13L	F # 108	Male 1500 Free	25	---	35.01
<b>Rowan McGill (15) F</b>					
33.36L	P # 105	Female 50 Back	79	---	---
5:45.69L	P # 107	Female 400 IM	96	---	---
33.36L	P # 125	Female 50 Back	24	---	---
5:45.69L	P # 127	Female 400 IM	47	---	---
2:32.01L	P # 205	Female 200 Back	55	---	-1.27
2:32.01L	P # 225	Female 200 Back	9	---	-1.27
4:57.99L	P # 302	Female 400 Free	105	---	0.80
1:12.52L	P # 304	Female 100 Back	93	---	1.51
4:57.99L	P # 322	Female 400 Free	53	---	0.80
1:12.52L	P # 324	Female 100 Back	39	---	1.51
<b>Jenna McMahan (18) F</b>					
5:32.37L	P # 107	Female 400 IM	67	---	-1.30
5:32.37L	P # 127	Female 400 IM	21	---	-1.30
4:52.22L	P # 302	Female 400 Free	82	---	5.31
4:52.22L	P # 322	Female 400 Free	32	---	5.31
2:40.70L	P # 404	Female 200 Fly	66	---	-7.67
19:08.40L	F # 408	Female 1500 Free	18	3	22.89
2:40.70L	P # 424	Female 200 Fly	21	---	-7.67
<b>Scott Muirden (16) M</b>					
2:28.41L	P # 104	Male 200 Fly	73	---	5.12
2:28.41L	P # 124	Male 200 Fly	28	---	5.12
4:36.06L	P # 202	Male 400 Free	101	---	2.13
4:36.06L	P # 222	Male 400 Free	50	---	2.13
9:33.94L	F # 309	Male 800 Free	26	---	-19.31
5:17.34L	P # 407	Male 400 IM	78	---	-2.60
5:17.34L	P # 427	Male 400 IM	37	---	-2.60

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Time	F/P/S	Event	Place	Points	Improv
<b>Ellie Reilly (15) F</b>					
1:08.30L	P # 101	Female 100 Fly	60	---	-0.45
5:07.54L	F # 107	Female 400 IM	14	7	6.02
5:08.33L	P # 107	Female 400 IM	15	---	6.81
1:08.30L	P # 121	Female 100 Fly	8	---	-0.45
2:23.78L	F # 201	Female 200 IM	15	6	0.74
2:24.24L	P # 201	Female 200 IM	8	---	1.20
1:15.01L	P # 203	Female 100 Breast	9	---	2.05
1:15.22L	F # 203	Female 100 Breast	16	5	2.26
2:40.94L	F # 306	Female 200 Breast	14	7	4.90
2:43.04L	P # 306	Female 200 Breast	11	---	7.00
35.98L	P # 406	Female 50 Breast	30	---	2.72
31.11L	F # 701	Female 50 Fly		---	-0.12
<b>Luci Robertson (16) F</b>					
1:08.39L	P # 101	Female 100 Fly	61	---	---
1:08.39L	P # 121	Female 100 Fly	9	---	---
4:49.38L	P # 302	Female 400 Free	68	---	-4.77
31.59L	P # 308	Female 50 Fly	98	---	0.35
4:49.38L	P # 322	Female 400 Free	18	---	-4.77
31.59L	P # 328	Female 50 Fly	51	---	0.35
2:30.24L	P # 404	Female 200 Fly	28	---	0.30
<b>Emma Russell (15) F</b>					
1:06.28L	P # 101	Female 100 Fly	31	---	0.68
5:18.04L	P # 107	Female 400 IM	29	---	-0.23
2:07.43L	F # 128	800 Free Relay Lead Off	---	---	1.72
2:26.44L	P # 201	Female 200 IM	21	---	1.42
2:26.95L	F # 201	Female 200 IM	20	1	1.93
27.79L	P # 207	Female 50 Free	30	---	0.32
4:29.79L	F # 302	Female 400 Free	17	4	2.34
4:33.66L	P # 302	Female 400 Free	20	---	6.21
1:07.87L	P # 304	Female 100 Back	37	---	-0.51
29.31L	P # 308	Female 50 Fly	23	---	0.49
59.33L	F # 329	400 Free Relay Lead Off	---	---	0.94
59.32L	P # 402	Female 100 Free	19	---	0.93
58.74L DQ	F # 402	Female 100 Free	---	---	---
<b>Angus Rutherford (17) M</b>					
4:23.99L	P # 202	Male 400 Free	60	---	5.74
1:07.96L	P # 204	Male 100 Back	97	---	1.62
2:49.38L	P # 206	Male 200 Breast	77	---	---
1:07.96L	P # 224	Male 100 Back	49	---	1.62
2:49.38L	P # 226	Male 200 Breast	32	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>Finlay Saunders (17) M</b>					
56.92L	P # 102	Male 100 Free	113	---	1.14
17:18.09L	F # 108	Male 1500 Free	18	3	16.78
56.92L	P # 122	Male 100 Free	59	---	1.14
1:04.87L	P # 204	Male 100 Back	63	---	3.00
2:21.82L	P # 301	Male 200 IM	89	---	1.16
26.35L	P # 307	Male 50 Free	93	---	0.47
2:21.82L	P # 321	Male 200 IM	41	---	1.16
26.35L	P # 327	Male 50 Free	46	---	0.47
1:05.15L	P # 401	Male 100 Fly	92	---	0.86
2:04.25L DQ	P # 403	Male 200 Free	---	---	---
5:12.00L	P # 407	Male 400 IM	68	---	15.91
1:05.15L	P # 421	Male 100 Fly	44	---	0.86
<b>Rowan Saunders (14) F</b>					
32.93L	P # 105	Female 50 Back	64	---	0.90
32.93L	P # 125	Female 50 Back	12	---	0.90
2:33.47L	P # 205	Female 200 Back	68	---	4.43
2:33.47L	P # 225	Female 200 Back	19	---	4.43
1:10.62L	P # 304	Female 100 Back	75	---	1.94
1:10.62L	P # 324	Female 100 Back	22	---	1.94
40.08L	P # 406	Female 50 Breast	103	---	1.92
40.08L	P # 426	Female 50 Breast	58	---	1.92
1:09.43L	F # 429	400 Medley Relay Lead Off	---	---	0.75
<b>Ian Sutherland (26) M</b>					
32.56L	P # 106	Male 50 Breast	55	---	---
32.56L	P # 126	Male 50 Breast	7	---	---
<b>Katie Taylor (18) F</b>					
1:03.91L	F # 101	Female 100 Fly	14	7	-0.32
1:04.95L	P # 101	Female 100 Fly	23	---	0.72
5:09.38L	F # 107	Female 400 IM	15	6	5.08
5:10.86L	P # 107	Female 400 IM	20	---	6.56
2:27.02L	P # 201	Female 200 IM	27	---	3.08
9:26.98L	F # 209	Female 800 Free	16	5	12.19
4:38.96L	P # 302	Female 400 Free	31	---	10.81
29.66L	P # 308	Female 50 Fly	34	---	-0.24
29.66L	P # 328	Female 50 Fly	3	---	-0.24
2:20.31L	P # 404	Female 200 Fly	10	---	-0.17
2:23.15L	F # 404	Female 200 Fly	10	11	2.67
17:56.96L	F # 408	Female 1500 Free	6	15	13.36

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<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Alice Walker Stewart (19) F</b>					
1:09.68L	P # 101	Female 100 Fly	79	---	-0.68
34.94L	P # 105	Female 50 Back	112	---	1.64
1:09.68L	P # 121	Female 100 Fly	25	---	-0.68
34.94L	P # 125	Female 50 Back	56	---	1.64
1:12.84L	P # 304	Female 100 Back	95	---	0.18
30.59L	P # 308	Female 50 Fly	65	---	0.08
1:12.84L	P # 324	Female 100 Back	41	---	0.18
30.59L	P # 328	Female 50 Fly	18	---	0.08
2:39.34L	P # 404	Female 200 Fly	59	---	-6.13
2:39.34L	P # 424	Female 200 Fly	15	---	-6.13
<b>Ella Wood (15) F</b>					
34.74L	P # 105	Female 50 Back	111	---	2.04
34.74L	P # 125	Female 50 Back	55	---	2.04
<b>Rory Young (16) M</b>					
2:22.06L	P # 104	Male 200 Fly	58	---	4.52
1:07.35L	P # 204	Male 100 Back	91	---	1.96
1:07.35L	P # 224	Male 100 Back	43	---	1.96