

Training Wk #
Wk Ending

Competitions / Events

Squads



Heart of Midlothian ASC

Competition / Events Calendar 2025-2026

Updated 3rd February 2026

February

25 07 th /08 th	ELST Age Group Meet, Prestonpans (07 th /08 th)	F2/F1/T4
26 14 th /15 th	Overseas Training Camp, Lanzarote (13 th -20 th)	NAT/F2
27 21 st /22 nd	Overseas Training Camp, Lanzarote (13 th -20 th)	NAT/F2

March

28 28 th /01 st	Hearts SNAGs Last Chance Meet, Glenrothes (28 th /01 st)	NAT/F2/F1/T4
29 07 th /08 th	East District Age Group Champs Round 3, RCP (07 th /08 th)	NAT/F2/F1/T4
30 14 th /15 th	Edinburgh International Swim Meet, RCP (13 th -15 th)	QUALIFIERS
31 21 st /22 nd	Lothian Region Intermediate Leagues Round 1, Prestonpans (21 st)	ALL
	TaSK Development Challenge Stage 2, Drumbray (22 nd)	T4/T3/T2/T1
32 28 th /29 th	Scottish Masters Long Course Champs, Aberdeen (28 th /29 th)	MASTERS

April

33 04 th /05 th	Scottish National Age Groups, Aberdeen (04 th -08 th)	QUALIFIERS
34 11 th /12 th	Scottish National Age Groups, Aberdeen (04 th -08 th)	QUALIFIERS
35 18 th /19 th	Aquatics GB Championships, London (14 th -19 th)	QUALIFIERS
36 25 th /26 th	Tranent Graded Meet, Prestonpans (25 th)	F2/F1/T4/T3/T2
	East Kilbride Long Course Age Group Meet, East Kilbride (25 th /26 th)	NAT/F2/F1/T4

May

37 02 nd /03 rd	Lothian Region Intermediate Leagues Round 2, Prestonpans (02 nd)	ALL
	Lothian Region Distance Meet Day 1, Prestonpans (03 rd)	NAT/F2/F1/T4
	TaSK Development Challenge Stage 1, Drumbray (03 rd)	T4/T3/T2/T1
38 09 th /10 th		
39 16 th /17 th	Carnegie Spring Meet, Glenrothes (16 th /17 th)	F2/F1/T4/T3
40 23 rd /24 th		
41 30 th /31 st	Hearts Novice Meet, Prestonpans (31 st)	T4/T3/T2
	East District Open Water Champs/Novice Meet, Lochore Meadows (31 st)	OPEN WATER

June

42 06 th /07 th	Midland District Open Water Champs, Monikie (06 th)	OPEN WATER
	Lothian Region Intermediate Leagues Round 3, Prestonpans (06 th)	ALL
	Lothian Region Distance Meet Day 2, Prestonpans (07 th)	NAT/F2/F1/T4
	TaSK Development Challenge Stage 2, Drumbray (07 th)	T4/T3/T2/T1
43 13 th /14 th	Warrender End of Season Meet, Glenrothes (13 th /14 th)	NAT/F2/F1/T4/T3

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44 20 th /21 st	East District Summer Sizzler, RCP (20 th) Hearts Summer Challenge, Drumbrae (21 st)	QUALIFIERS ALL
45 27 th /28 th	Scottish National Open Champs, RCP (26 th -28 th)	QUALIFIERS
July		
46 04 th /05 th	Scottish National Open Water Champs, Loch Ken (04 th /05 th)	OPEN WATER
47 11 th /12 th	Scottish Summer Meet, Aberdeen (09 th -12 th)	QUALIFIERS
48 18 th /19 th	Aquatics GB Next Gen Championships, Sheffield (16 th -22 nd)	QUALIFIERS
49 25 th /26 th	Aquatics GB Next Gen Championships, Sheffield (16 th -22 nd) <i>Commonwealth Games (Swimming), Glasgow (24th-29th)</i>	QUALIFIERS
August		
50 01 st /02 nd		
51 08 th /09 th		
52 15 th /16 th	West District Open Water Champs, Loch Venachar (15 th)	OPEN WATER
2026 / 2027		
01 22 nd /23 rd		
02 29 th /30 th		
September		
03 05 th /06 th		
04 12 th /13 th		
05 19 th /20 th		
06 26 th /27 th		
October		
07 03 rd /04 th		
08 10 th /11 th		
09 17 th /18 th		
10 24 th /25 th		
November		
11 31 st /01 st		
12 07 th /08 th		
13 14 th /15 th		
14 21 st /22 nd		
15 28 th /29 th		
December		
16 05 th /06 th		
17 12 th /13 th		
18 19 th /20 th		
19 26 th /27 th		

Red Type = To Be Decided / Confirmed *Italics = For Interest* Green = Fundraising/Social etc